

# Develop the Whole Child



## CURIOSITY:

wanting to learn more. Showing interest, seeking novelty, and being open to new experiences.

Curiosity is about having an open and active mind. It's about exploration. Curiosity puts the brain in a state that makes learning easier, more enjoyable, and longer-lasting.

### Students who demonstrate curiosity might be able to:

- Ask questions to deepen understanding;
- eagerly anticipate a new book, movie, or episode in a series they love;
- google to learn more about things that interest them;
- watch videos to learn a new skill;
- discuss a topic for no other reason than that it's interesting;
- articulate both an interest and the superordinate "why" behind their interest.

### Teachers who demonstrate curiosity might:

- Read community news in order to develop more connections between content and context;
- seek professional development for both content knowledge and teaching skills;
- read about a discipline broadly, not just the specifics of a single course.

# CURIOSITY

Curiosity isn't giving up on a new topic. It is accepting that the task is difficult and continuing to work to find a way to understand.

## Ways to Practice

- Watching a video on how to cook new meal that your family has never tried;
- at dinner have each family member share one thing they learned that they never had thought about before.



## Ways to Praise

Focus on "I notice . . ." statements such as, "I noticed you researching topics other than just what you needed for your homework. I like that you are being curious about new things. "

**Resources:** The Hungry Mind by Susan

Engel A Curious Mind: The Secret to a Bigger Life by Brian Grazer,

Charles Fishman; Make It Stick: The Science of Successful Learning by Peter C. Brown, Henry L. Roediger III, and Mark A. McDaniel; Why Don't Students Like School? By Daniel T. Willingham

**Videos:** <https://vimeo.com/89521461>; <https://vimeo.com/192537562>; [https://www.youtube.com/watch?v=SmaTPPB-T\\_s](https://www.youtube.com/watch?v=SmaTPPB-T_s); <https://www.youtube.com/watch?v=CWU13rx44j8>

**Research:** <http://psycnet.apa.org/record/2016-39455-001>; <https://www.sas.upenn.edu/~baron/papers.htm/frese.html>; <https://www.characterlab.org>