

Minutes of the School Health Advisory Council February 18, 2016

The School Health Advisory Council (SHAC) met on Thursday, February 18th at FISD's Career and Technical Education Center, 9889 Wade Blvd.

In attendance were: Asya Baig, Janet Beeler, James Caldwell, Fung Chang, Edul Chinoy, Tammy Elliott, Sheila Gardner, Kelli Gerard, Angie Hunter, Geoffrey Heinicke, Lisa Jackson, Amy Kreins, Janine Maupin, Mirna Murad, Tanya Rajabi, Jeannine Rios,, Kathy Tolbert, Debera Tredennick, Pat Velasquez and Karen Young

Meeting was called to order at 5:00 pm.

Director, Sheila Gardner welcomed everyone stated that quorum was met.

The minutes from the November meeting were reviewed, approved and filed as noted.

Sheila Gardner reviewed SHAC's focus using the ASCD Model and the FISD Strategic Plan. Whole School, Whole Community, Whole Child centers their work around improving each child's cognitive, physical, social and emotional development to provide a framework to address the mutual relationship between learning and health. A team approached was emphasized.

Debera Tredennick spoke on the first order of business, the FISD wellness policy. A wellness policy that incorporates the community values is important. Texas and USDA regulations have changed so the FISD policy needed revising. We discussed two sections of the policy; food sold and food provided. Food sold must meet Smart Snack requirements. SHAC will vote via email regarding a recommendation on food fundraisers at elementary, middle and high school. SHAC will also vote on a recommendation regarding food provided at the 3 classroom parties allowed per year. Debera explained that FISD does not use deep fat fryers. An explanation of the Smart Snack requirements was provided.

Sheila Gardner reviewed the second step of the FISD Whole Child Strategic Plan that SHAC is focused on. Whole Child Campus Committees along with SHAC members, developed an inventory of all practices occurring across the district regarding student health and wellness. James Caldwell and Sheila Gardner compiled the inventory. The second order of business was focused on evaluating the inventory to determine the best practices for student health and wellness already occurring across the district. James Caldwell spoke regarding the work that occurred so far regarding Safe Schools and Health and Wellness. SHAC members broke up into working groups to give their input on; What programs are effective and working well? What are some programs that need strengthening? How can we support the implementation of these programs and what tools do the campuses need? What programs do we need to provide more information on? The inventory will also be given to the campus principals and directors for feedback as well.

SHAC will continue with the evaluation process at the April meeting as they prepare a report for the board.

The meeting was adjourned at 6:02 pm.

Respectfully submitted by: Janet Beeler on behalf of Nicole Warhoftig