

Minutes of the School Health Advisory Council November 13, 2014

The School Health Advisory Council (SHAC) met on Thursday, November 13th at the FRISCO ISD Child Nutrition building, Frisco, Texas.

In attendance were: Chuck Altman, Vikas Amara, Asya Baig, Emily Barker, Janet Beeler, James Caldwell, Fung Chang, Lori Cunningham, Brooke Domek, Lindsey Edelman, Beth Evans, Leann Forst, Kim Gage, Kelli Gerard, Sheila Gardner, Jeremy Goldberg, Allison Gutschlag, Tammy Hischke, Lisa Jackson, Alka Jwala, Krissy Live, Jon Maupin, Misty McMillan, JT Mistr, Heather Mosley, Tina Nixon, Deidre Parish, Genine Riley, Andrea Selmon, Debera Tredennick, Pat Velasquez and Serena Lucas, Nicole Warhoftig.

Meeting was called to order at 5:00 pm.

The Director of Coordinated School Health, Sheila Gardner, welcomed everyone and introductions were made.

Sheila made a motion to accept the meeting minutes from the October 23rd meeting. No corrections were noted and the motion passed.

Debera Tredennick, Director of Student Nutrition was introduced and gave the group an overview of how her department is run and how the foods are selected and prepared. She then took the group on a tour of the warehouse and freezer where some of the commodities are kept.

Sheila then showed a PowerPoint presentation and overview SHAC. We are to make recommendations to the Board a minimum of once/year. We guide, support and assist with health and wellness decisions for FISD. Our motto is Fit, Healthy and Ready to Learn.

She discussed the model Whole Community/Whole Child and how the components make up a healthy community. Our SHAC group has been divided into subcommittees to address the needs of this model and create a strategic plan.

Sheila asked that we make an amendment to our bylaws with regards to attendance. Sheila explained the amendment will allow for substitutions at meetings when appointed members cannot attend, so that every new person sitting in at the meeting can have a voice without being appointed. The motion was discussed and passed.

The Council then broke off into their sub-committees and further discussed ideas and plans developed at the October 23rd meeting. One member from each committee was selected to send their notes to Sheila who will combine them and send them to the group as we begin to form a strategic plan.

One big task of the council this year is to develop the Nutrition and Wellness policies. If anyone has any interest in serving on this focus group, please contact Sheila or Debera.

The next meeting was announced for February 19, 2015.

The meeting was adjourned at 5:59 pm.

Respectfully submitted by Nicole Warhoftig.