

**Minutes of the School Health Advisory Council
October 23, 2014**

The School Health Advisory Council (SHAC) met on Thursday, Sept 24th at the FRISCO ISD Admin Building, 5515 Ohio Blvd, Frisco, Texas.

In attendance were: Chuck Altman, Vikas Amara, Asya Baig, Emily Barker, Janet Beeler, James Caldwell, Fung Chang, Lori Cunningham, Brooke Domek, Lindsey Edelman, Beth Evans, Leann Forst, Kim Gage, Kelli Gerard, Sheila Gardner, Jeremy Goldberg, Allison Gutschlag, Tammy Hirschke, Lisa Jackson, Alka Jwala, Krissy Live, Jon Maupin, Misty McMillan, JT Mistr, Heather Mosley, Tina Nixon, Deidre Parish, Genine Riley, Andrea Selmon, Debera Tredennick, Pat Velasquez and Serena Lucas.

Meeting was called to order at 5:00pm

The Director of Coordinated School Health, Sheila Gardner, welcomed everyone and thanked them for giving of their time to be apart of changing the health and wellness culture in Fisd. Everyone was asked to introduces themselves and share as to how they are connected to Fisd and why they chose to be a part of SHAC.

Sheila explained that idea of following the Whole School, Whole Community, Whole Child model set up by the Center for Disease Control as a way to structure the meeting using subcommittees. Emphasis was placed on partnering with businesses and the city of Frisco to coordinate our efforts to strengthen the health and wellness of our community.

A video clip, Nike – Five More Years, was shown to focus the group on the big picture of our mission.

Sheila made a motion for approval of the last meeting minutes and approval was granted and seconded and the motion passed.

We broke into groups for 10 minutes to discuss our individual committees we are on and come up with goals and focus topics.

Revised SHAC bylaws were sent out to everyone to review. Sheila opened up discussion regarding the bylaws, a motion was made and seconded and the motion passed.

Sheila discussed the birthday celebration guidelines that have been updated in the School Handbook. A position statement by SHAC will be updated and emailed out for review to be discussed at the upcoming meeting.

Subcommittees began initial dialogue to establish topics of interest, set priorities and develop a plan to move forward. Each group was encouraged to have conversations between now and next meeting to further the group discussion.

Each group opened up to the entire SHAC to present 1 topic they would like to concentrate on in our subcommittees.

Each group was asked to select one person from their group that would email Sheila a short paragraph summarizing up their information presented in the subcommittee. Sheila agreed to send these out to everyone along with the contact list before the next meeting.

The next meeting was announced for November 13, 2014.

Meeting was adjourned at 6:02pm

Respectfully submitted by Allison Gutschlag on behalf of Nicole Warhoftig