

# Frisco ISD

## Sports Participation Online Forms

1. Go to the following website: <http://friscoisd.rankonesport.com>
2. Go to the section that says: *Electronic Documents to be submitted by the parent*
3. Start with the first form: **FISD Travel Form (Required)**
  - a. At the top of the page you need to fill out your students first name, last name, student ID, and school they will be attending in 2023-2024.
  - b. Please fill in the emergency contact information being sure to leave no blanks. If you must leave something blank, simply fill in with N/A.
  - c. Next, fill in your primary insurance information being sure to leave no blanks. If you have no insurance, then fill in the blank with N/A.
  - d. Please fill in the short answer fields about *Allergies, Medications and Additional Medical Information* as we use this information for medical alerts and drug testing purposes.
  - e. *Over The Counter Medication Consent*: please check this box if you authorize your athlete to have basic medications in case of an injury, i.e. Tylenol, Advil
  - f. Type your athletes name in the next box giving them consent to participate in UIL sports.
  - g. Have your athlete type their name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - h. You, the Parent/Guardian, need to type your name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - i. Type your email in the box labeled *Notification Email* at the end of the page and then hit the *Submit* button.
4. The second form, **UIL/Athlete Participation Forms (Required)**
  - a. At the top of the page you need to fill out your students first name, last name, student ID, and school they will be attending in 2023-2024.
  - b. Read the opening statement and then go to the first form labeled *1. FISD Parental Code of Ethics*. The form will open in a new window. Read the form, then close the window and check the box next to the form name. Doing this means you agree to that particular form.
  - c. Open the rest of the forms 2 through 11 being sure to read each form and then checking the corresponding box next to each form number.
  - d. After all forms have been read and the box checked next to the form numbers, fill in the next section being sure to not leave a box blank. If you must leave a box blank then simply type in N/A.
  - e. Have your athlete type their name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - f. You, the Parent/Guardian, need to type your name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - g. Type your email in the box labeled *Notification Email* at the end of the page and then hit the *Submit* button.
5. The third form, **Voluntary Insurance**, is an **optional form**.
  - a. At the top of the page you need to fill out your students first name, last name, student ID, and school they will be attending in 2023-2024.
  - b. Please open the form and read the information.
  - c. Have your athlete type their name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - d. You, the Parent/Guardian, need to type your name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.

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- e. Type your email in the box labeled *Notification Email* at the end of the page and then hit the *Submit* button.

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### PREPARTICIPATION PHYSICAL EVALUATION (REQUIRED)

6. Choose 1 of the following methods to submit your athlete's yearly sports physical:
  - a. Hard copy to campus:
    - i. Fill out the first page (Medical History) online as accurately as possible and complete the checkboxes. Do not fill in the last line as this is for School Use Only.
    - ii. On the second page (Physical form) only fill in the Student's Name, Sex, Age, and Date of Birth.
    - iii. Print out these two pages and manually sign the first page with a black pen.
    - iv. Take both pages to your doctor of choice for a sport physical.
    - v. Make a copy for yourself.
    - vi. Return the original signed forms to the Athletic Trainer or your student athlete's Head Coach.
  - b. Soft copy upload to RankOne:
    - i. Fill out the first page (Medical History) online as accurately as possible and complete the checkboxes. Do not fill in the last line as this is for School Use Only.
    - ii. On the second page (Physical form) only fill in the Student's Name, Sex, Age, and Date of Birth.
    - iii. Print out these two pages and manually sign the first page with a black pen.
    - iv. Take both pages to your doctor of choice for a sport physical.
    - v. Create a PDF file or take a camera picture of EACH side of the document separately.
    - vi. Return to <http://friscoisd.rankonesport.com> and click on *Physical Upload Form*.
    - vii. At the top of the page you need to fill out your students first name, last name, student ID, and school they will be attending in 2023-2024.
    - viii. Select how you would like to upload the document (pdf or picture).
    - ix. Upload each page separately following the examples.
    - x. You, the Parent/Guardian, need to type your name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
    - xi. Type your email in the box labeled *Notification Email* at the end of the page and then hit the *Submit* button.
    - xii. If either of the uploads are not valid nor clearly legible in their entirety, the form may be denied by campus personnel and a new upload will be required prior to participation.