



All employees are permitted by the Workers' Compensation Act to choose any doctor that accepts workers' compensation insurance. **Optimum Care** physicians and facilities are pre-screened based on several quality indicators and are experienced in treating work-related injuries. These providers have agreed to treat your compensable work-related injury in the timeliest manner.

If you are injured at work...

- ✚ In emergencies, call 911 and seek immediate treatment from the nearest qualified facility or provider.
- ✚ Notify your immediate supervisor that an injury has occurred.
- ✚ If you require non-emergency-related medical attention, we have made arrangements with the pre-approved providers listed below.
- ✚ For urgent care needs after clinic hours, you may proceed directly to the nearest hospital emergency room.

Ⓢ Approved Physicians:

Concentra

8756 Teel Parkway, Ste. 350
Frisco, TX 75034
972.712.5454

Care Now

301 West Main Street
Frisco, TX 75034
972.335.0030

Care Now

5644 Preston Road
Frisco, TX 75035
972.529.4545

Care Now

781 S Preston Road
Preston, TX 75078
972.529.4520

Optimum Care is NOT a Certified Network

For questions regarding your claim or if you need an alternative to the providers listed here, please contact:

📞 **800.765.2412**