

Touching: When it's Okay and When it's Not Okay

Sometimes it's hard to tell when it is okay to touch a friend. Most of the time, friends do not touch each other. They keep their hands and feet to themselves. Friends try not to hit, push, or kick each other. Sometimes friends might touch each other when they are playing a game in gym or at recess, like tag or Batman. Friends use a very soft touch during these games. If someone touches you too hard, you can tell the teacher.

It's okay if I touch my friends lightly when we are playing tag and sometimes during games in gym. My teacher will let me know when it's okay to touch during a game. I will try to keep my hands and feet to myself when we are not playing a game. If I am not sure if it's okay for me to touch a friend, I can ask an adult. I get a ticket at the end of the day when I keep my hands and feet to myself!



Sometimes it's okay to touch other people. You can touch a friend lightly during a game, hug someone in your family, give "high-five" to a friend, or shake someone's hand to say hello!

Sometimes it is NOT okay to touch other people! It's not okay to hit, push or kick someone. Friends don't like to have their clothes pulled or to be held down.

