

Sensorimotor Routine: Embedded Skills Lesson Plan

Student		Materials	Calendar/foamy soap/nail brush/sponge/towel/sink/tub
Routine	Hand Washing	Position	Seated in wheelchair
Teaching partner		Frequency	2 x daily
Observing team members	VI, OT, PT, ST	Duration	2/11/13 to 2/15/13
Location	Classroom	Testing period	

Learner's Steps	Partner's Supports and Accommodations	Embedded Skills: Attention	Documentation
1. Look at and touch towel in calendar	Say, "Now hand washing." Tap towel. HUU assist touch. Say, "Now hand washing," again	Exposure	
2. Go to bathroom	Put towel in Brandon's lap. Place his hand on the towel.		
3. Listen to and look at faucet handle and faucet	Say, "Water." Tap faucet handle. Say, "Water," again.	Anticipate the second of a pair of closely associated sensory experiences by looking at the faucet handle when tapped and then at the faucet when	

		anticipating the emergence of water.	
4. Feel water	Hand under hand (HUH)	Exposure	
5. Smell soap		Anticipate 2 nd , given 1 st by looking at soap dispenser after smell	
6. Watch foamy soap emerge as dispenser is pumped			
7. Reach for soap	HUH	Exposure	
8. Rub hands together	HUH	Exposure	
9. Listen to water splash		Anticipate 2 nd , given 1 st by looking at water tub after sound	
10. Rinse	Place brush and sponge in tub. HUH assist to water tub and movement of hands in water.	Exposure	
11. Listen to dispenser	Pull handle on towel dispenser.	Anticipate 2 nd , given 1 st by looking at dispenser after sound	
12. Get towel	HUH	Exposure	
13. Dry	HUH	Exposure	
14. Put towel in "finished" container	Say, "Finished." Tap on finished container. Say, "Finished," again. HUH assist to put towel in container.	Exposure	

Sensorimotor Routine: Embedded Skills Lesson Plan

Student	Student A	Materials	Calendar/foamy soap/nail brush/sponge/towel/sink/tub
Routine	Hand Washing	Position	Seated in wheelchair
Teaching partner		Frequency	2 x daily
Observing team members	VI, OT, PT, ST	Duration	2/26/13 to 3/1/13
Location	Classroom	Testing period	

Learner's Steps	Partner's Supports and Accommodations	Embedded Skills: Exploration	Documentation
1. Look at and touch towel in calendar	Say, "Now hand washing." Tap towel. Brandon reaches for towel Say, "Now hand washing," again.	Initiates Explore	
2. Go to bathroom	Put towel in Brandon's lap. Place his hand on the towel.	Explore towel with finger tips	
3. Listen to and look at faucet	Say, "Water." Tap faucet handle. Say, "Water," again.		

4. Feel water	Wait _ secs for initiation. Minimal assist after initiation. To accommodate for physicality	Initiate movement to faucet. Explore feel of water	
5. Smell soap			
6. Assist pumping	HUH guidance during modeling of exploration of soap container. Wait _ secs for imitation of each procedure. Assistance in pumping.	Initiate movement to soap container. Imitate lateral touch, pressure, enclosure, and contour following to explore container. Explore soap bottle	
7. Reach for soap	Wait _ secs for initiation. HUH assist after initiation.	Initiate movement to soap.	
8. Rub hands together	Assistance during tactual modeling of rubbing hands together. Wait _ secs for imitation.	Initiate actions with hands.	
9. Listen to water splash			
10. Rinse	Wait _ secs for initiation. Minimal guidance for assistance of exploration of brush and sponge. Wait _ secs for initiation of each procedure.	Initiate movement to tub. Initiate lateral touch, pressure, enclosure, and contour following to explore brush and sponge.	
11. Brush nails, wipe hands with sponge	Minimal guidance during tactual modeling of brushing and squeezing sponge.	Exposure-new items	
12. Listen to dispenser	Pull handle on towel dispenser. Moderate assistance in pulling	Explore handle with fingers and palm	

	handle		
13. Get towel	Wait _ secs for initiation. HUU guidance during modeling of exploration of dispenser and towel. Wait _ secs for imitation of each procedure.	Initiate movement to dispenser. Initiate lateral touch, pressure, enclosure, and contour following to explore dispenser.	
14. Dry	Moderate guidance during tactual modeling of rubbing with towel.	Explore	
15. Put towel in "finished" container	Say, "Finished." Tap on finished container. Say, "Finished," again. Minimal assist to put towel in container.	Explore	

Sensorimotor Routine: Embedded Skills Lesson Plan

Student	Student A	Materials	Calendar/foamy soap/nail brush/sponge/towel/sink/tub
Routine	Hand Washing	Position	Seated in wheelchair
Teaching partner		Frequency	2 x daily
Observing team members	VI, OT, PT, ST	Duration	4/4/13 to 4/08/13
Location	Classroom	Testing period	

Learner's Steps	Partner's Supports and Accommodations	Embedded Skills: Attention	Documentation
1. Look at and touch towel in calendar	Say, "Now hand washing." Tap towel. Say, "Now hand washing," again	Function	
2. Go to bathroom	Allow access to calendar	-Touches towel	
3. Listen to and look at and touch faucet handle and faucet	Say, "Water." Tap faucet handle. Say, "Water," again.	Initiates the second of a pair of closely associated sensory experiences by reaching for faucet handle when tapped and anticipating the emergence of water.	

4. Feel water	Support at elbow	Function place hands in water	
5. Smell soap		Anticipate 2 nd , given 1 st by looking at soap dispenser after smell	
6. Grasps soap	" Wait for grasp say "Pump soap"	Reaches for soap dispenser	
7. Pumps soap	Give physical assist as unobtrusively as possible	Function- Pumps soap with flat palm and curled fingers	
8. Rub hands together	Slight elbow support	Function-Bring hands together and rub	
9. Listen to water splash		Anticipate 2 nd , given 1 st by looking at water tub after sound	
10. Rinse	Place brush and sponge in tub.	Function- splash- independently grasp brush and sponge	
11. Listen to dispenser	Allow access to paper towel dispenser handle	Reach for paper towel dispenser handle after seeing handle	
12. Get towel	Assist with physical action of pulling handle-say "Pull"	Function-Pull handle	
13. Get towel	Assist in physical action of tearing towel	Function- Grasp and pull towel, assist in tearing	
14. Dry	Say "Dry hands"	Function – grasp towel and flex fingers	
15. Put towel in "finished" container	Say, "Finished." Tap on finished container. Say, "Finished," again. HUH assist to put towel in	Function-Push in to "Finish bucket"	

	container.		
--	------------	--	--