

FISD School Health Advisory Council (SHAC)
Meeting Minutes for Thursday, September 21, 2017

The SHAC meeting was called to order on Thursday, September 21, 2017 at 4:52pm at the FISD Administration Building Training Rooms by Chairman Monica Jackson, Director of Elementary Student Services.

Attending: Lynell Addis, Noor Anjum, Christy Argo, James Caldwell, Stephanie Campbell, Lara Cline, Stephanie Cook, Cathy Cox, Leeba Farooqi, Jill Gawe, Kelli Gerard, Mirna Mu,rad-Ghandour, Carol Gilmore, Allison Ginn, Rosa Gonzalez, Christie Grizzle, Jaanhavi Honnavali, Monica Jackson, Lisa Jenkins, Alakananda Jwala, Julie Khoury, Cindy Kindsvater, Amy Kreins, Mariele Landrom, Ashlan Lawrencz, Mallory Lehman, Madeleine Lelmini, Myrna Martinez-Rodriguez, Elma Montenegro, Kandace Morgan, Lucy Pearson Driggers, Essence Riley, Johanna Rose, Laura Rose, Mitch Schneider, Kristi Shoultz, Jillian Smith, William Solari, Jeannine Speiden, Axum Taylor, Hannah Tothomas, Kathy Tolbert, Lisa Vernon, Debbie Weisenbeck, Frank Weiss, Neil White, Patti Wilson, Cara Yeates, Roy Keiningham, Elaine Keiningham

Ms. Jackson welcomed all of the members and introduced herself, Laura Rose - Healthy Lifestyles Chair for FISD Council of PTAs and Co-Chair of SHAC and Allison Ginn - LOTE Coordinator and PE & Health Coordinator as well as Co-Chair of the Health & Physical Education Sub Committee.

SHAC definitions reviewed.

William Solari shared a preview of the film SCREENAGERS that FISD and Frisco Council of PTAs will be showing on October 10, 2017 from 6-8pm at the Stonebriar Community Church. You must register at <http://bit.ly/FISDScreenagers> For ages 10 and up. There will also be a skype with Dr. Delaney Ruston who wrote and directed the film. Please share with community.

Introductions of Sub Committees:

- 1) Committee 1: Health & Physical Education/Nutrition/Physical Environment/Governance
 - a) Leaders: Allison Ginn and Lisa Jenkins
- 2) Committee 2: Family Engagement/Community Involvement
 - a) Leaders: William Solari and Stephanie Cook
- 3) Committee 3: Healthy Services/Employee Wellness
 - a) Leaders: Stephanie Campbell and Kathy Tolbert
- 4) Committee 4: Counseling and Psychological Services/Social and Emotional Climate
 - a) Leaders: James Caldwell and Patti Wilson

Overview of Breakout Sessions:

- Team Drive (Google) for all electronic documentation

- Review Norms
- Define Roles
- Strategic planning
- Goal Setting

At 5:10 broke out into Sub Committees. Meeting notes for sub committees were recorded by the sub-committee secretaries.

At 5:46 the Sub Committees came back to share goals for the 2017-2018 year.

Sub Committee Reports:

Committee 1: Health & Physical Education/Nutrition/Physical Environment/Governance

- Community/District Wide Health/Wellness Fair
 - Stand alone or in partnership with FISD Council of PTAs
- District Health/Wellness Initiative
 - Make same resources available to all
 - (1) Teachers
 - (2) Administrators
 - (3) PTA

Committee 2: Family Engagement/Community Involvement

- Disseminate information in more effective way
 - District
 - Campus Improvement Teams (local)
- Explain why

Committee 3: Healthy Services/Employee Wellness

- Flu Clinics in schools
 - Goal 5K vs. 4.5K last year
- Staff absenteeism
- Go Red in Feb
- Increase bystander CPR

Committee 4: Counseling and Psychological Services/Social and Emotional Climate

- Impact of Social Media
- Informational Seminars
- Activities at schools
- Solutions w/o phones

Spin the SHAC Wheel

3 winners were awarded door prizes

Our next meeting will be Thursday November 9, 2017 at FISD Administration at 4:45pm.

The meeting was adjourned at 5:56pm.

-Laura Rose, SHAC Co-Chair