

## FISD School Health Advisory Council (SHAC)

### Meeting Minutes for Thursday, February 15, 2018

The SHAC meeting was called to order on Thursday, February 15, 2018 at 4:50pm at the FISD Administration Building Training Rooms by Chairman Monica Jackson, Director of Elementary Student Services.

*Attending: Noor Anjum, Christy Argo, Janet Beeler, James Caldwell, Stephanie Campbell, Theresa Denton, Leeba Farooqi, Mirna Murad-Ghandour, Carol Gilmore, Allison Ginn, Rosa Gonzalez, Maria Heldman, Jaanhavi Honnavali, Monica Jackson, Lisa Jenkins, Jessica Johnston, Cindy Kindsvater, Amy Kreins, Mariele Landrom, Madeleine Lelmini, Kandace Morgan, Lisa Putnam, Laura Rose, Jillian Smith, William Solari, Kathy Tolbert, Lisa Vernon, Neil White, Patti Wilson, Cara Yeates, Roy Keiningham, Elaine Keiningham, Timothy Keiningham, Judy Ramey*

Ms. Jackson welcomed all of the members and reintroduced Allison Ginn and Laura Rose.

#### Family Engagement and Community Involvement Update

- Lisa Vernon (school counselor - student family services) and Elma Montenegro (counselor -facilitator for all schools) presented BACK TO SCHOOL BASH
  - **August 11, CTE 10am-1pm**
  - 8th year
  - Welcome back event that provides resources for families
  - Internal and Community Vendors give supplies, services, knowledge, information or support
  - Health Services Component
    - Possibly shots, free haircuts
    - Lisa Jenkins (nutrition), Allison Ginn (PhysEd) and Kathy Tolbert (health services) to help
  - Opportunity for minorities to tour CTE
  - Looking for Vendors
  - Looking for Mentors and Tutors
  - Elma Montenegro also spoke about Multicultural Event on March 1 at Frisco High from 6-8 to help with college readiness, FAFSA and TAFSA.
- William Solari from Family Engagement reminded the team about the Screenagers viewing on February 27 at Wakeland as well as Angst on March 6.
  - Played preview of Angst preview
  - [www.angstmovie.com](http://www.angstmovie.com)

#### Health Services and Employee Wellness update

- Kathy Tolbert spoke about flu shots and Go Red campaign
  - Flu Prevention
    - Flu prevention

- Hand washing
- Isolate students
- Schools disinfecting daily as well as deep fogging
- Clinics
  - Campus to campus
  - 100 flu shots at admin
- Go Red Campaign
  - @fisd\_nursing
  - Feb 2 was wear red
  - Heart Health
    - Check blood pressure, cuffs in all breakrooms
    - Know your #s
    - Hoops and Jump Rope for Heart

Overview of Breakout Sessions:

- Where are you with your current goals?
- What work needs to be done?
- How will you accomplish these goals by the end of year?
- What can Monica, Laura or Allison do to support your goals?
- We will reconvene at 5:45.

At 5:15 broke out into Sub Committees. Meeting notes for sub committees were recorded by the sub-committee secretaries.

At 5:45 the Sub Committees came back to share .

Sub Committee Reports:

1. Health & Physical Education/Nutrition/Physical Environment/Governance

- District Wide Health Fair
  - Include all school levels
  - Looking at September so can tie into Medical City 21 Day Challenge sign up (September 17- October 1)
  - Possible 9-12pm
  - Flu Clinic and Nutrition included
  - Will form Sub Committees
    - Coaches
    - HL Chairs
    - Principals

2) Counseling and Psychological Services/Social and Emotional Climate

- Power Down Day in April
  - Conversation cards at restaurants

- Phone in a Bucket
- Time Management - accountability partners
- Lunchtime power down at schools
- Surveys to be sent out and reviewed as a team

### 3) Healthy Services/Employee Wellness

- Flu Shots
  - Under this year.
  - Staff and family getting them before the events at the schools. Some were even as late as November.
  - Passport Healthy is the group that does the clinics.
  - They want to send out survey in Fall to staff
    - Did you get the shot, when, where, if not, why?
    - Then send out the survey results
    - HS to come up with the questions.
  - Perhaps give HS schools community service if they get them
- Go Red Campaign
  - Top District raised \$13,000
  - Know Your Numbers!

### 4) Family Engagement/Community Involvement

- Screenagers on Feb. 27th, 7pm at Wakeland
- Angst on March 6
- Library of PSAs in process
- Right now: Fine Arts Brochures
  - Each member to work on a month
  - ¼ page on each month
- Goal: have all of next year done by end of school year.

### Spin the SHAC Wheel

5 winners were awarded door prizes

Our next meeting will be Thursday April 19, 2018 at FISD Administration at 4:45pm.

The meeting was adjourned at 6:03pm.

-Laura Rose, SHAC Co-Chair