

Frisco ISD Athletics Archives

Dating back to 2015

State champion teams and individuals denoted with *** for easier searching.

Number of high schools with varsity competition by year:

2022-23: 12 (first varsity school year for Emerson, Panther Creek)

2021-22: 10

2020-21: 10

2019-20: 10

2018-19: 10 (first varsity school year for Lebanon Trail, Memorial)

2017-18: 8

2016-17: 8 (first varsity school year for Reedy)

2015-16: 7

2014-15: 7 (first varsity school year for Independence)

2013-14: 6

2012-13: 6

2011-12: 6

2010-11: 6 (first varsity school year for Heritage, Lone Star)

2009-10: 4

2008-09: 4 (first varsity school year for Liberty)

2007-08: 3

2006-07: 3 (first varsity school year for Wakeland)

2005-06: 2

2004-05: 2 (first varsity school year for Centennial)

2003-04: 1 (Frisco High, which originally opened in 1902)

2021-22

2021 Cross Country

-- District 9-5A Meet --

Boys team

1. Reedy ... 48
2. Wakeland ... 49
3. Liberty ... 68
4. Independence ... 120

Girls team

1. Wakeland ... 39
2. Reedy ... 74
3. Lone Star ... 80

4. Independence ... 86

District Individual Champions

Boys: Nati Enright, Wakeland

Girls: Brighton Mooney, Independence

-- Region 2 Meet --

Boys top teams

2. Wakeland

3. Reedy

Girls top teams

4. Wakeland

Individual medalists

Girls

1. Brighton Mooney, Reedy (Region champ)

Boys

1. Natnael Enright, Wakeland (Region champ)

2. Aiden Gonzalez-Rodiles, Reedy

-- 5A State Meet --

Girls top teams

13. Wakeland

Boys top teams

4. Wakeland

5. Reedy

Girls top finisher

4. Brighton Mooney, Independence

Boys top finisher

5. Natnael Enright, Wakeland

In 4A, Emerson had an individual qualifier in its first year as a school: Sophie Fernandes

2021 Volleyball

-- District 9-5A --

1. Reedy (17-1 District record, regional finalist)

2. Wakeland (12-6, regional quarterfinalist)

3. Heritage (12-6, first round)

4. Independence (11-7, first round)

District MVP: Halle Schroder, Reedy

2021 Team Tennis

-- District 9-5A Postseason Qualifiers --

1. Independence (regional semifinalist)

2. Lebanon Trail (regional finalist)

3. Liberty (regional quarterfinalist)

4. Centennial (regional quarterfinalist)

District MVPs: Milla Dopson, Liberty; Sansh Kumar, Independence

2021 Football

-- District 5-5A Division I --

1. Denton Ryan
2. Lone Star (7-1, 9-3 overall, area finalist)
3. Wakeland (6-2, 9-3 overall, regional quarterfinalist)
4. Reedy (5-3, 5-6 overall, first round)

District MVPs: Ashton Jeanty, Lone Star; Anthony Hill Jr., Denton Ryan

-- District 7-5A Division II --

1. (tie) Lovejoy (7-1)
1. (tie) Frisco (7-1, 10-2 overall, area finalist)
1. (tie) Liberty (7-1, 10-2 overall, area finalist)
4. Denison (5-3)

District MVP: Keldric Luster, Liberty

2022 Swimming/Diving

-- District 9-5A Meet --

Boys team

1. Wakeland ... 200
2. Reedy ... 80
3. Frisco ... 60
4. Heritage ... 57
5. Lebanon Trail ... 42

Girls team

1. Reedy ... 129
2. Wakeland ... 118
3. Memorial ... 91
4. Centennial ... 69
5. Independence ... 59

-- Region 3-5A Meet --

Boys team

1. Wakeland
4. Reedy
6. Frisco
7. Lebanon Trail
9. Heritage
10. Lone Star

Girls team

2. Reedy
3. Wakeland

5. Memorial
7. Centennial
9. Independence

-- 5A State Meet --

Boys team

1. Wakeland (state champion)***
12. Frisco
15. Reedy

Girls team

11. Reedy
12. Wakeland

State champions*:**

- Conor McKenna, Wakeland (boys 200 free)***
Sienna Schellenger (girls 50 free)***
Sienna Schellenger (girls 100 free)***

State medalists:

- Boys 50 free: Tate Bladon, Wakeland (2nd)
Boys 50 free: Jon VanZandt, Frisco (3rd)
Boys 100 free: Jon VanZandt, Frisco (2nd)
Boys 100 fly: Conor McKenna, Wakeland (2nd)
Boys 100 breast: Travis Gullede, Centennial (3rd)
Boys 100 breast: Jackson Armour, Wakeland (3rd)
Boys 200 medley relay: Wakeland (2nd)
Team members Jonathan Michaels, Alexander Udrys, Conor McKenna, Matthew Beard
Boys 200 free relay: Wakeland (3rd)
Team members Jackson Armour, Matthew Beard, Aidan Tenkhoff, Tate Bladon
Boys 400 free relay: Wakeland (2nd)
Team members Tate Bladon, Jonathan Michaels, Aidan Tenkhoff, Conor McKenna
Girls 500 free: Logan Morris, Wakeland (2nd)
Diving: Peyton Guziec, Memorial (2nd)
Diving: Olivia Nelson, Centennial (3rd)

2022 Girls Basketball

-- District 9-5A --

1. (tie) Liberty (17-1 District record, regional finalist)
1. (tie) Memorial (17-1, state runner-up)
3. Lone Star (14-4, regional quarterfinalist)
4. Reedy (11-7, first round)

District co-MVPs: Jazmyn Lott, Memorial; Jazzy Owens-Barnett, Liberty

2022 Boys Basketball

-- District 9-5A --

1. Memorial (18-0 District record, regional finalist)

2. Heritage (13-5, area finalist)
3. Liberty (12-6, first round)
4. Wakeland (11-7, first round)

District MVP: Drew Steffe, Memorial

2022 Wrestling

-- District 8-5A Meet --

Boys Team

1. Reedy 192.5
2. Centennial 134
3. Heritage 132
4. Prosper Rock Hill 123
5. Wakeland 114

Girls Team

1. Independence 149
2. Frisco 118
3. Prosper Rock Hill 67
4. Wakeland 95
5. The Colony 92

--Region 2-5A Meet --

Top Boys Teams

5. Reedy
7. Centennial
8. Heritage

Top Girls Teams

3. Independence
4. Frisco
5. Liberty
10. Lebanon Trail

Boys Region Champions

- 106: Zach Miller, Wakeland
126: Max Villasana
152: Tyten Volk, Centennial
160: Jasin Sejdini, Centennial
195: Alex Zavala, Heritage
220: De'Leon Freeman, Liberty

Girls Region Champions

- 95: Janaya Baeza, Lebanon Trail
110: Mercedes Alvarez, Liberty
119: Diana Carreon, Independence
128: Belen Rios, Frisco
138: Hadley Snyder, Reedy

--5A State Meet--

Top Boys Teams:

10. Heritage
11. Centennial

Top Girls Team:

15. Frisco

Girls State Medalists

- 128: Belen Rios, Frisco (2nd)
- 138: Hadley Snyder, Reedy (3rd)

Boys State Medalists

- 106: Zach Miller, Wakeland (2nd)
- 152: Tyten Volk, Centennial (state champion***)
- 160: Jasin Sejdini, Centennial (2nd)
- 170: Cortilius Vann, Heritage (2nd)
- 195: Alez Zavala, Heritage (state champion***)
- 220: De'Leon Freeman, Liberty (2nd)

2022 Boys Soccer

-- District 9-5A --

1. Lone Star (14-1-3 district record, regional finalist)
2. Wakeland (14-3-1, 5A state champion***)
3. Liberty (10-3-5, first round)
4. Reedy (8-5-5, regional quarterfinalist)

District MVP: J.J. Hernandez, Lone Star

2022 Girls Soccer

-- District 9-5A --

1. Frisco (15-0-3 district record, regional finalist)
2. Wakeland (13-1-4, 5A state champion***)
3. Reedy (10-6-2, first round)
4. Lone Star (8-6-4, first round)

District MVP: Lexi Lee, Frisco

2022 Softball

-- District 9-5A --

1. Heritage (18-0 district record, regional quarterfinalist)
2. Memorial (14-4, regional quarterfinalist)
3. Reedy (14-4, first round)
4. Lone Star (12-6, made playoffs on tiebreaker, first round)
5. Wakeland (12-6)

District MVP: Jensin Hall, Heritage

2022 Baseball

-- District 9-5A --

1. Lone Star (13-5, regional semifinalist)
2. Wakeland (12-6, state semifinalist)
3. Independence (11-7, regional quarterfinalist)
4. Memorial (10-8, made playoffs on tiebreaker, first round)
5. Heritage (10-8)
5. Liberty (10-8)

District MVP: Cade McGarrh, Liberty

2022 Track and Field

-- District 9-5A Meet --

Boys team

1. Liberty ... 125
2. Heritage ... 101
3. Reedy ... 94
4. Lone Star ... 79
5. Frisco ... 52
6. Memorial ... 45
7. Wakeland ... 44
8. Lebanon Trail ... 44
9. Centennial ... 27
10. Independence ... 9

Girls team

1. Lone Star ... 115
2. Heritage ... 93
3. Frisco ... 89
3. Memorial ... 89
5. Liberty ... 60
6. Independence ... 58
7. Lebanon Trail ... 36
8. Wakeland ... 30
9. Reedy ... 27
10. Centennial ... 20

-- District 9/10-5A Area Meet --

Boys team

2. Liberty

Girls team

1. Heritage

-- 5A Region II Meet --

Boys team

7. Heritage

Girls team

4. Liberty

Region champions:

Boys

High jump: Kameron Franklin, Heritage

Long jump: Ronald De Madet, Memorial

1600: Garrick Spieler, Reedy

3200: Nati Enright, Wakeland

Girls

High jump: Hannah Pfiffner, Wakeland

Long jump: Falyn Lott, Memorial

Triple jump: Hannah Forde, Lone Star

300 hurdles: Kirin Chacchia, Heritage

-- 5A State Meet --

Boys team

14. Liberty

Girls team

13. Lebanon Trail

State Champions*:**

Girls high jump: Hannah Pfiffner, Wakeland***

Girls 300 hurdles: Kirin Chacchia, Heritage***

Boys long jump: Chris Johnson, Liberty***

State medalists:

Boys long jump: Ronald De Madet, Memorial (bronze)

Girls triple jump: Hannah Forde, Lone Star (silver)

Girls 100 meters: Laila Hackett, Lebanon Trail (silver)

Girls 200 meters: Laila Hackett, Lebanon Trail (silver)

2022 Golf

-- District 9-5A Tournament --

Boys team

1. Wakeland 593

2. Independence 594

3. Memorial 602

4. Liberty 617

5. Frisco 620

District champion: Will Livermore, Wakeland

Girls team

1. Centennial 677

2. Lebanon Trail 680

3. Wakeland 687

4. Memorial 719

5. Frisco 741

District champion: Grace Kalina, Wakeland

-- 5A Region 2 Tournament --

Boys team

4. Independence

5. Wakeland

Top individual: 7. Will Livermore, Wakeland

Girls team

2. Centennial

4. Wakeland

Top individual: 3. Queenie Guercio, Frisco

-- 5A State Tournament --

Boys team

No team qualifiers

Girls team

8. Lebanon Trail

9. Centennial

Top state finisher:

7. Alisha Rametra, Centennial

2022 Tennis

State qualifiers:

Milla Dopson/Sanjheev Rao, Liberty mixed doubles state champion***

Claire Callaway/Sanjaya Kodali, Independence mixed doubles quarterfinalist

Nathan Tserng, Lebanon Trail boys singles quarterfinalist

Aravind Sridhar/Shriyan Daggumalli, Centennial boys doubles semifinalist

Saundarya Vedula, Heritage girls singles quarterfinalist

Hailey Zhang, Liberty girls singles quarterfinalist

Caroline Helsel/Addison Rosser, Lebanon Trail girls doubles quarterfinalist

2020-21

2020 Cross Country

-- District 9-5A Meet --

Boys team

1. Reedy

2. Wakeland

3. Liberty

4. Heritage

Girls team

1. Wakeland

2. Reedy

3. Independence

4. Memorial

District Individual Champions

Boys: Kevin Curry, Frisco

Girls: Colleen Stegmann, Reedy

-- Region 2 Meet --

Boys top teams

2. Wakeland

5. Reedy

Girls top teams

3. Wakeland

5. Reedy

Individual Medalists

Girls

3. Colleen Stegmann, Reedy

Boys

2. Natnael Enright, Wakeland

-- 5A State Meet --

Girls top teams

9. Wakeland

Boys top teams

8. Reedy

Girls top finishers

5. Colleen Stegmann, Reedy

6. Veronica Ambrosionek, Lone Star

Boys top finisher

8. Natnael Enright, Wakeland

2020 Volleyball

-- District 9-5A --

1. (tie) Lebanon Trail (15-3 district record, regional quarterfinalist)

1. (tie) Reedy (15-3 district record, regional quarterfinalist)

3. Liberty (12-5 district record, first round)

4. Memorial (10-7 district record, first round)

District MVP: Tyrah Ariail, Lebanon Trail

2020 Team Tennis

-- District 9-5A Postseason Qualifiers --

1. Heritage (regional semifinalist)

2. Centennial (regional finalist)

3. Independence (regional quarterfinalist)

4. Lebanon Trail (regional quarterfinalist)

District MVP: Leesha Gourammagari, Heritage

2020 Football

-- District 5-5A Division I --

1. Denton Ryan
2. Lone Star (5-1, 7-4 overall, regional semifinalist)
3. Independence (4-2, 5-5 overall, second round)
4. Wakeland (4-4, 6-5 overall, first round)

District MVP: Outside FISD

-- District 7-5A Division II --

1. Lovejoy
2. Frisco (4-1, 8-2 overall, regional semifinalist)
3. Denison
4. Liberty (5-3, 6-5 overall, first round)

District MVP: Outside FISD

2021 Swimming/Diving

-- District 9-5A Meet --

Boys team

1. Wakeland 178.5
2. Reedy 76.5
3. Memorial 76
4. Frisco 71

Girls team

1. Wakeland 124
2. Reedy 109
3. Centennial 74
4. Memorial 72

-- Region 3-5A Meet --

Boys team

1. Wakeland 362
6. Frisco 168
7. Reedy 157
9. Memorial 134
10. Heritage 81

Girls team

1. Rock Hill 299
2. Wakeland 238
4. Reedy 211
6. Centennial 168
8. Independence 113.5
10. Memorial 98

-- 5A State Meet --

Boys team

1. Wakeland – state champion***
10. Frisco
17. Memorial
18. Reedy

Girls team

11. Wakeland
14. Reedy
16. Independence
21. Liberty

State champions*:**

- Conor McKenna, Wakeland (boys 100 fly)***
Andrew Guziec, Memorial (boys 500 free)***
Sienna Schellenger, Independence (100 free)***

State medalists:

- Boys 200 free: Conor McKenna, Wakeland (3rd)
Boys 50 free: Jon VanZandt, Frisco (2nd)
Boys 100 free: Jon VanZandt, Frisco (3rd)
Boys 200 medley relay: Wakeland 3rd
(Jonathan Michaels, Alexander Udry, Conor McKenna, Aidan Tenkhoff)
Boys 200 free relay: Wakeland 2nd
(Tate Bladon, Matthew Beard, Aidan Tenkhoff, Brendan Debergh)
Boys 400 free relay: Wakeland 2nd
(Tate Bladon, Jonathan Michaels, Brendan Debergh, Conor McKenna)
Girls 1-meter diving: Peyton Guziec, Memorial (2nd)
Girls 200 indiv. medley: Joelle Reddin, Lone Star (2nd)
Girls 50 free: Sienna Schellenger, Independence (2nd)
Girls 100 free: Sienna Schellenger, Independence (1st)
Girls 500 free: Joelle Reddin, Lone Star (2nd)

2021 Girls Basketball

-- District 9-5A --

1. Lone Star (17-1 district record, regional quarterfinalist)
2. Memorial (15-3, regional quarterfinalist)
3. Liberty (14-4, state runner-up)
4. Centennial (13-5, first round)

District MVP: Leila Patel, Centennial

2021 Boys Basketball

-- District 9-5A --

1. Wakeland (16-2 district record, area finalist)
2. Heritage (15-3, area finalist)

3. Frisco (14-4, first round)
4. Memorial (12-6, first round)

District MVP: Cooper Sisco, Wakeland

2021 Wrestling

-- District 8-5A Meet --

Boys Team

1. Lone Star 182.5
2. Centennial 180
3. Prosper Rock Hill 136.5
4. Liberty 128
5. Reedy 120
6. Frisco 102

Girls Team

1. Independence 125
2. Wakeland 112
3. Frisco 82
4. Liberty 70
5. Lebanon Trail 54
5. The Colony 54

--Region 2-5A Meet --

Top Boys Team

4. Centennial

Top Girls Team

3. Wakeland

Boys Region Champions

- 138: Tyten Volk, Centennial
195: John Bray, Centennial

Girls Region Champions

- 95: Janaya Baeza, Lebanon Trail
110: Stephanie Qiu, Liberty
119: Tabitha Wood, Independence

--5A State Meet--

Girls State Medalists

- 119: Tabitha Wood, Independence (2nd)
128: Belen Rios, Frisco (2nd)
128: Riley Deckert, Wakeland (3rd)

Boys State Medalists

- 195: John Bray, Centennial (2nd)
138: Tyten Volk, Centennial (3rd)

2021 Boys Soccer

-- District 9-5A --

1. Wakeland (16-1-1 district record, 5A State Champion***)
2. Frisco (10-4-4, regional semifinalist)
3. Centennial (10-5-3, regional quarterfinalist)
4. Liberty (8-5-5, first round)
4. Reedy (8-5-5) – lost playoff tiebreaker

District MVPs: Diego Pepi, Frisco and Aubry Eason, Lone Star

2021 Girls Soccer

-- District 9-5A --

1. Memorial (13-2-3 district record, regional semifinalist)
2. Wakeland (13-2-3, 5A State Runner-up)
3. Reedy (11-3-4, regional quarterfinalist)
4. Frisco (9-6-3, first round)

District MVP: Rachel Buckle, Reedy

2021 Softball

-- District 9-5A --

1. Memorial (15-3, regional quarterfinalist)
2. Heritage (14-4, regional quarterfinalist)
3. Reedy (13-5, first round)
4. Wakeland (13-5, first round)

District MVP: Savy Williams, Independence

2021 Baseball

-- District 9-5A --

1. Wakeland (15-3, regional finalist)
2. Liberty (14-4, first round)
3. Reedy (13-5, first round)
4. Lone Star (13-5, first round)

District MVP: Will Glatch, Liberty

2021 Track and Field

-- District 9-5A Meet --

Boys team

1. Liberty 177
2. Memorial 75
3. Heritage 62
4. Lone Star 60

Girls team

1. Heritage 151

2. Lone Star 86
3. Independence 65
4. Reedy 61
4. Memorial 61

-- District 9/10-5A Area Meet --

Boys team

2. Liberty

Girls team

1. Heritage

-- 5A Region II Meet --

Boys team

2. Liberty

Girls team

2. Heritage

Region champions:

Boys

100: Thomas Donley, Lebanon Trail

1,600: Soham Patil, Heritage

4x200 relay: Liberty

4x400 relay: Liberty

Long jump: Evan Stewart, Liberty

Triple jump: Evan Stewart, Liberty

Girls

100: Madison Jeffries, Reedy

200: Madison Jeffries, Reedy

400: Kailynn Jackson, Lone Star

1,600: Colleen Stegmann, Reedy

Discus: Alauna Richardson, Independence

High jump: Cori Ross, Liberty

-- 5A State Meet --

Boys team

1. Liberty (state champion***)

Girls team

7. Heritage

State Champions*:**

Evan Stewart, Liberty, boys long jump***

Hannah Pfiffner, Wakeland, girls high jump***

Liberty boys 4x400 relay: Chris Johnson, Cameron Wooley, Bryson Wyatt, Evan Stewart***

State medalists:

Evan Stewart, Liberty, boys triple jump (silver)

Drew Donley, Lebanon Trail, boys 100 meters (silver)

Kirin Chacchia, Heritage, 300 hurdles (silver)

Alauna Richardson, Independence, girls discus (bronze)

Madison Jeffries, Reedy, girls 200 meters (bronze)

Colleen Stegmann, Reedy, girls 1600 meters (bronze)

Liberty boys 4x200 relay: William Ashmore, Chris Johnson, Cameron Wooley, Evan Stewart (silver)

Heritage girls 4x200 relay: McKenzie Cooley, Kirin Chacchia, Kaitlyn Bradford, Brooke Freeman (silver)

2021 Golf

-- District 9-5A Tournament --

Boys team

1. Memorial 656
2. Centennial 660
3. Liberty 661
4. Independence 671
5. Wakeland 676

District champions: Mitchell Kalka, Liberty and Waase Iqbal, Centennial

Girls team

1. Lebanon Trail 614
2. Liberty 652
3. Centennial 654
4. Frisco 698
4. Wakeland 698

District champion: Summer Lee, Lebanon Trail

-- 5A Region 2 Tournament --

Boys team

5. Centennial

Girls team

1. Lebanon Trail
3. Liberty

-- 5A State Tournament --

Boys team

No qualifiers

Girls team

4. Lebanon Trail
6. Liberty

Top state finisher:

15. Raeleigh Davidson, Liberty

2021 Tennis

State qualifiers:

Nathan Tserng, Lebanon Trail, boys singles state champion***

Sriya Leesha Gourammagari, Heritage, girls singles state champion***
Tamiya Lintz/Saundarya Vedula, Heritage, girls doubles state champion***
Mohan Yechuri, Frisco, boys singles state runner-up
Reika Nagai, Centennial, girls singles state semifinalist
Sansh Kumar/Sanjaya Kodali, Independence, boys doubles state runner-up
Liam Selvido/Anish Madgula, Heritage, boys doubles state semifinalist
Milla Dopson/Yatin Pokle, Liberty, mixed doubles state semifinalist

2019-20

2019 Cross Country

-- District 9-5A Meet --

Boys team

1. Wakeland 50
2. Reedy 51
3. Liberty 83
4. Memorial 126
5. Independence 143

Girls team

1. Wakeland 37
2. Reedy 41
3. Liberty 89
4. Independence 104
5. Heritage 173

District Individual Champions

Boys: Wyatt Wingard, Reedy
Girls: Colleen Stegmann, Reedy

-- Region 2 Meet --

Boys top teams

2. Reedy
3. Wakeland

Girls top teams

3. Reedy
4. Wakeland

Individual Medalists

Girls

1. Colleen Stegmann, Reedy

Boys

3. Wyatt Wingard, Reedy

-- 5A State Meet --

Girls top teams

4. Reedy
12. Wakeland

Boys top teams

9. Reedy
12. Wakeland

Girls state champion: Colleen Stegmann, Reedy***

Boys top finisher: Wyatt Wingard, Reedy

2019 Volleyball

-- District 9-5A --

1. Liberty (18-0 in district, regional quarterfinalist)
2. Lebanon Trail (15-3, regional quarterfinalist)
3. Wakeland (12-6, second round)
4. Centennial (11-7, first round)

District MVP: Jenna Wenaas, Liberty

2019 Team Tennis

-- District 9-5A Postseason Qualifiers --

1. Lebanon Trail (regional finalist)
2. Centennial (regional quarterfinalist)
3. Independence (area finalist)
4. Liberty (bidistrict finalist)

2019 Football

-- District 5-5A Division I --

1. Lone Star (7-0, 14-1 overall, state semifinalist)
2. Independence (5-2, 10-3, regional semifinalist)
3. The Colony (5-2, 8-3 overall, first round)
4. Wakeland (3-4, 5-6 overall, first round)

District MVP: Marvin Mims, Lone Star

-- District 7-5A Division II --

1. Frisco (7-1, 11-2 overall, regional semifinalist)
2. Denton Braswell 7-1
3. Lovejoy 6-2
4. Reedy (5-3, 6-5 overall, first round)

District MVP: Chase Lowery, Frisco

2020 Swimming/Diving

-- District 10-5A Meet --

Boys team

1. Wakeland 151
2. Memorial 86
3. Reedy 82
4. Frisco 76

Girls team

1. Independence 88.5
2. Reedy 82
3. Liberty 78
4. Memorial 73

-- Region 3-5A Meet --

Boys team

1. Wakeland 344
3. Frisco 204
5. Memorial 182
7. Reedy 164

Girls team

1. Lovejoy 305
3. Reedy 206
4. Independence 182.5
5. Wakeland 162

-- State Meet --

Boys team

2. Wakeland
12. Memorial
15. Frisco

Girls team

12. Independence
20. Liberty
24. Lone Star

State champions*:**

Conor McKenna, Wakeland (100 breaststroke)

State medalists:

Joelle Reddin, Lone Star: 200 individual medley (silver), 500 freestyle (silver)

Sienna Schellenger, Independence: 50 freestyle (bronze)

Peyton Guziec, Memorial: Girls 1-meter diving (bronze)

Wakeland boys 200 medley relay (silver): Team members Ryan Gilbert, Tate Bladon, Conor McKenna, Jack McKenna

Wakeland boys 200 freestyle relay (bronze): Team members Jack McKenna, Tate Bladon, Jonathan Michaels, Brendan Debergh

Wakeland boys 400 freestyle relay (bronze): Team members Tate Bladon, Brendan Debergh, Jack McKenna, Conor McKenna

2020 Wrestling

-- District 8-5A Meet --

Boys Team

1. Centennial 215
2. Liberty 182
3. Reedy 150
4. Lebanon Trail 141
5. Lone Star 139.5
6. Heritage 126

Girls Team

1. Independence 178
2. Liberty 143
3. Wakeland 99
4. Frisco 78
4. The Colony 78
6. Lebanon Trail 72.5

-- 5A Region II Meet --

Boys Team

1. Centennial
4. Liberty
6. Reedy

Girls Team

1. Independence
2. Liberty
8. Lebanon Trail

-- 5A State Meet --

Boys Team

5. Centennial

Girls Team

6. Liberty
9. Independence

State Champions***

La'Stot Pleasant, Lone Star, Boys 132 pounds***

Jackson Bourne, Reedy, Boys 138 pounds***

Tabitha Wood, Independence, Girls 119 pounds***

State Medalists:

Boys

- 113: Tyten Volk, Centennial (silver)
145: Tucker Spradley, Reedy (silver)
170: Max Hampton, Lebanon Trail (silver)

Girls

- 165: Princess Egbuchunam, Liberty (silver)

2020 Girls Basketball

-- District 9-5A --

1. Liberty (16-2 district record, state champion***)
2. Memorial (15-3, first round)
3. Lone Star (14-4. Regional semifinalist)
4. Centennial (13-5, regional quarterfinalist)

District MVP: Jazzy Owens-Barnett, Liberty

2020 Boys Basketball

-- District 9-5A --

1. Wakeland (14-4 district record, second round)
2. Independence (12-6, second round)
3. Centennial (12-6, second round)
4. Frisco (12-6, second round)

District MVP: Cooper Sisco, Wakeland

2020 Soccer, Softball, Baseball, Golf, Track and Field

Seasons cut short/canceled because of COVID-19 pandemic

2018-19

2018 Cross Country

-- District 9-5A Meet --

Boys team

1. Wakeland 45
2. Reedy 84
3. Heritage 99
4. Liberty 107

Girls team

1. Wakeland 31
2. Liberty 57
3. Reedy 78
4. Independence 141

District individual champions

Boys: Kevin Curry, Frisco

Girls: Colleen Stegmann, Reedy

-- Region 2 Meet --

Boys top teams

2. Wakeland
10. Reedy

13. Heritage

Girls top teams

1. Wakeland
3. Liberty
7. Reedy

Individual medalists

Girls

2. Colleen Stegmann, Reedy
3. Isabella West, Wakeland

-- State Meet --

Boys top teams

10. Wakeland

Girls top teams

1. Wakeland (State Champion***)

Top boys individuals

18. Nick Hendrix, Wakeland

Top girls individuals

3. Colleen Stegmann, Reedy
4. Isabella West, Wakeland
10. Chloe Smith, Wakeland

2018 Volleyball

-- District 9-5A --

1. Liberty (Regional QF)
2. Reedy (Regional QF)
3. Wakeland (Regional finalist)
4. Lebanon Trail (first round)

District MVP: Stefanie Young, Reedy

2018 Team Tennis

-- District 9-5A Postseason Qualifiers --

1. Wakeland (Regional QF)
2. Independence (Regional QF)
3. Liberty (second round)
4. Lebanon Trail (Regional finalist)

2018 Football

-- District 5-5A Division I --

2. Lone Star (6-1, 10-3, Regional QF)
3. Independence (first round)
4. Wakeland (first round)

District MVP from outside FISD

-- District 7-5A Division II --

1. Reedy (8-0, 13-1, Regional finalist)
3. Frisco (second round)

District MVP: Will Harbour, Reedy

2019 Swimming/Diving

-- District 10-5A Meet --

Boys team

1. Wakeland 127.5
2. Reedy 96.5
3. Memorial 69.5
4. Independence 55.5

Girls team

1. Reedy 139
2. Wakeland 78
3. Frisco 71
4. Centennial 60

-- Region 3-5A Meet --

Boys team

2. Wakeland
5. Reedy
6. Memorial
7. Independence
9. Frisco

Girls team

1. Reedy
4. Wakeland
5. Frisco
8. Lone Star
9. Centennial
10. (tie) Independence
10. (tie) Liberty

-- 5A State Meet --

Boys team

2. Wakeland

Girls team

5. Reedy
10. Frisco

State champions*:**

Abby Koczo, Reedy (100 backstroke)
Amelia Liu, Reedy (50 freestyle)

Jadyn Jannasch, Frisco (100 breaststroke)

State medalists:

Abby Koczo, Reedy, 200 individual medley (silver)

Amelia Liu, Reedy, 100 freestyle (silver)

Lindsey Ryalls, Frisco, 200 freestyle (bronze)

Sienna Schellenger, Independence, 50 freestyle (bronze)

Wakeland boys 400 freestyle relay (silver) – team members Jack McKenna, Conor McKenna, Brendan Debergh, Ty Gibbs

2019 Wrestling

-- District 8-5A --

Boys team

1. Centennial 198
2. Liberty 195
3. Lone Star 143
4. Reedy 131.5
5. Frisco 122
6. Heritage 106.5

Girls team

1. Liberty 145
2. Independence 100
3. The Colony 91
4. Frisco 76.5
5. Heritage 68
6. Lebanon Trail 54

-- Region 3 Meet –

Boys team

2. Centennial 150
6. Liberty 126
8. Lone Star 92.5
10. Heritage 64

Girls team

1. Liberty 144
5. Independence 88

-- 5A State Meet –

Boys team

6. Liberty 54
10. Lone Star 45
12. Frisco 41

Girls team

2. Liberty 88
16. Independence 31

State champions*:**

Tyler Brennan, Frisco, boys 126 pounds

Savannah West, Liberty, girls 110 pounds

State medalists:**Girls**

119 pounds: Tabitha Wood, Independence (silver)

138 pounds: Ashley Cook, Liberty (silver)

165 pounds: Princess Egbuchunam, Liberty (bronze)

Boys

132 pounds: La'Stot Pleasant, Lone Star (silver)

138 pounds: Precious Essien, Liberty (silver)

195 pounds: Diego Lorenzo, Liberty (silver)

220 pounds: Michael Gaisoa, Lone Star (silver)

2019 Girls Basketball

-- District 9-5A --

1. (tie) Liberty (17-1 district record, State runner-up)
2. (tie) Lone Star (17-1 district record, Regional finalist)
3. Centennial (Regional QF)
4. Memorial (first round)

District MVP: Adryana Quezada, Lone Star

2019 Boys Basketball

-- District 9-5A --

1. (tie) Liberty (16-2 district record, second round)
2. (tie) Lone Star (16-2 district record, Regional finalist)
3. Frisco (first round)
4. Wakeland (first round)

District MVP: Zion Richardson, Liberty

2019 Girls Soccer

-- District 9-5A --

1. Independence (16-1-1, regional finalist)
2. Wakeland (15-1-2, regional QF)
3. Centennial (9-7-2, second round)
4. Lebanon Trail (8-6-4, first round)#

#won play-in game against Liberty

District MVP: Landry Corbett, Independence

2019 Boys Soccer

-- District 9-5A --

1. Wakeland (13-1-4, state finalist)
2. Frisco (13-3-2, first round)
3. Heritage (12-2-4, regional semifinalist)
4. Lone Star (12-3-3, first round)

District MVP: Derek Norsworthy, Heritage

2019 Softball

-- District 9-5A --

1. Independence (15-3, regional quarterfinalist)
2. Centennial (14-4, first round)
3. Reedy (13-5, regional finalist)
4. Lone Star (13-5, first round)

District MVP: Mayce Allen, Independence, Jr.

2019 Baseball

-- District 9-5A --

1. Wakeland (16-2, first round)
2. Lone Star (13-5, regional semifinalist)
3. Reedy (12-6, first round)
4. Heritage (11-7, first round)

District MVP: Ryan Bogusz, Lone Star, Sr.

2019 Track and Field

-- District 9-5A Meet --

Boys team

1. Heritage 109
2. Liberty 92
3. Wakeland 75
4. Reedy 74

Girls team

1. Heritage 159
2. Liberty 111
3. Wakeland 101
4. Reedy 98

-- District 9/10-5A Area Meet --

Boys team

3. Liberty
4. Heritage
5. Lebanon Trail

Girls team

2. Heritage

3. Reedy
4. Liberty
5. Wakeland

-- 5A Region II Meet --

Boys team

5. Heritage
9. Liberty

Girls team

4. Liberty
5. Reedy
10. Heritage

-- 5A State Meet --

Girls team

4. Liberty
7. Reedy

Boys team

13. Liberty

State Champions*:**

Nissi Kabongo, Liberty, girls high jump
Sanye Ford, Liberty, girls long jump
Terry Smith, Independence, boys 110-meter hurdles

State medalists:

Colleen Stegmann, Reedy, girls 1600 meters (silver)
Colleen Stegmann, Reedy, girls 3200 meters (silver)
Evan Stewart, Liberty, boys triple jump (silver)
Nissi Kabongo, Liberty, girls 300 hurdles (silver)
Nissi Kabongo, Liberty, girls 800 meters (bronze)
Simone Watkins, Frisco, girls 100 hurdles (bronze)

2019 Golf

-- District 9-5A Tournament --

Boys team

1. Wakeland 616
2. Frisco 621
3. Independence 639
4. Liberty 640
5. Centennial 641

District champions: Jenson Rogenes, Frisco; Samuel Kim, Frisco

Girls team

1. Lebanon Trail 614
2. Centennial 637

3. Liberty 638
4. Wakeland 676
5. Lone Star 698

District champion: Gabbi Bentancourt, Centennial

-- 5A Region II Tournament --

Boys team

3. Wakeland

Top Region Finisher:

8. Luke Whitney, Wakeland

Girls team

1. Lebanon Trail 625
4. Centennial 692

Region medalists:

Gabbi Bentancourt, Centennial (1st, 2-under)
Olivia Mitchell, Lebanon Trail (2nd, even)

-- 5A State Tournament --

Boys team

8. Wakeland

Top boys finisher: Luke Whitney, Wakeland (tie for 13th)

Girls team

2. Lebanon Trail

State medalist: Madison Phung, 2nd (tie, 3rd after playoff)

Other top finishers:

Raeleigh Davidson, Liberty (8th)

Gabbi Bentancourt, Centennial (10th)

2019 Tennis

No state qualifiers

2017-18

2017 Cross Country

-- District 13-5A Meet --

Boys team

1. Wakeland 34
2. Independence 75
3. Heritage 85
4. Reedy 113

Girls team

1. Liberty 35

2. Wakeland 51
3. Reedy 62
4. Independence 98

District individual champions

Boys: Nick Hendrix, Wakeland

Girls: Carrie Fish, Liberty

-- Region 2 Meet --

Boys top teams

2. Wakeland
15. Independence
16. Heritage

Girls top teams

2. Wakeland
4. Liberty
7. Reedy

Individual medalists

Boys

2. Nick Hendrix, Wakeland

Girls

2. Carrie Fish, Liberty

-- State Meet --

Boys top teams

8. Wakeland

Girls top teams

1. Liberty (State Champion***)
4. Wakeland

Top boys individuals

5. Nick Hendrix, Wakeland

Top girls individuals

2. Carrie Fish, Liberty
7. Amelia Jauregui, Liberty
9. Colleen Stegmann, Reedy

2017 Volleyball

-- District 13-5A --

1. Reedy (Regional QF)
2. Liberty (Regional QF)
3. Wakeland (first round)
4. Independence (first round)

District MVP: Jenna Wenaas, Liberty

2017 Team Tennis

District 13-5A Postseason Qualifiers

Liberty (Regional QF)

Independence (Regional QF)

Reedy (second round)

Heritage (second round)

2017 Football

-- District 13-5A --

1. Lone Star (7-0, 12-2, 5A-II regional finalist)

2. Reedy (6-1, 9-2, 5A-II first round)

3. Centennial (4-3, 4-7, 5A-I first round)

4. Wakeland (4-3, 7-4, 5A-I first round)

District MVP: Nicholas Bolton, Lone Star

2018 Swimming/Diving

-- District 10-5A Meet --

Boys team

1. Frisco 105

2. Liberty 95

3. Wakeland 86.5

4. Reedy 84

Girls team

1. Wakeland 112

2. Frisco 100

3. Reedy 75

4. Liberty 69

-- Region 3-5A Meet --

Boys team

1. Highland Park (320)

2. Frisco (207)

3. Reedy (205)

4. Wakeland (195)

Girls team

1. Highland Park (286)

2. Wakeland (229)

3. Frisco (204)

4. Lovejoy (203)

-- 5A State Meet --

Boys team

7. Liberty (113)

10. Frisco (84)

12. Reedy (79)

Girls team

- 5. Frisco (102)
- 12. Wakeland (80)

State champions*:**

Jiwoo Oh, Liberty, boys 100 breaststroke***

Frisco High girls 200 medley relay (Abby Lin, Jady Jannasch, Emily Sandwisch, Sydney Bope)***

State medalists:**Boys**

Liberty 200 medley relay (bronze) – team members Noah Rose, Jiwoo Oh, Justin Jung, Jack Easton

Jack Jannasch, Frisco, 50 freestyle (silver)

Jack Jannasch, Frisco, 100 freestyle (silver)

Jay Crandell, Reedy, 1-meter diving (bronze)

Girls

Joelle Reddin, Lone Star, 200 individual medley (bronze)

Jady Jannasch, Frisco, 100 breaststroke (silver)

2018 Wrestling

--District 8-5A--**Boys team**

- 1. Prosper (241.5)
- 2. Centennial 176.5)
- 3. Liberty (154)
- 4. Wakeland (131.5)

Girls team

- 1. Liberty (134)
- 2. Prosper (112.5)
- 3. The Colony (90)
- 4. Centennial (67)

-- Region 2 Meet --**Boys team**

- 2. Centennial (139.5)
- 3. Liberty (127.5)
- 9. Lone Star (79.5)
- 10. Frisco (73)

Girls team

- 2. Liberty (139)
- 12. Frisco (30)

-- 5A State Meet --**Boys team**

- 3. Liberty (80.5)
- 10. Centennial (41.5)
- 11. Frisco (39.5)

12. Lone Star (37.0)

Girls team

5. Liberty (55.0)

State champion*:**

Tyler Brennan, Frisco High, 106 pounds

State medalists:

Boys

120 pounds: Broderick Green, Liberty (silver)

126 pounds: Baylor Steward, Centennial (silver)

126 pounds: La'Stot Pleasant, Lone Star (bronze)

145 pounds: Brady Mistr, Wakeland (bronze)

Girls

110 pounds: Savannah West, Liberty (silver)

148 pounds: Ashley Cook, Liberty (silver)

2018 Girls Basketball

-- District 13-5A--

1. Lone Star (14-0 in district, regional semifinalist)

2. Liberty (12-2, regional semifinalist)

3. Reedy (10-4, first round)

4. Centennial (8-6, first round)

District MVP: Mallory Adams, Lone Star

2018 Boys Basketball

-- District 13-5A--

1. Liberty (13-1 in district, second round)

2. Lone Star (second round)

3. Heritage (first round)

4. Independence (first round)

District MVP: Zion Richardson, Liberty

2018 Girls Soccer

-- District 13-5A--

1. Wakeland (11-0-3 in district, 24-1-4 overall record, State Champion***). All tournament team: Taylor Fogle, Hannah Mandell, Gracie Brian, Payton Adams (MVP)

2. Centennial (third round)

3. Liberty (first round)

4. Frisco (first round)

District MVP: Gracie Brian, Wakeland

2018 Boys Soccer

-- District 13-5A--

1. Centennial (10-0-4 in district, third round)
2. Reedy (first round)
3. Lone Star (first round)
4. Wakeland (beat Centennial in third round, Overall record 19-4-6, State Champion***). State All-Tournament Team: Reid Stewart, Jacob Miller, Todd Fuller, Marc Borbonus (MVP)

District MVP: Cole Guindon, Reedy

2018 Softball

-- District 13-5A--

1. Wakeland (12-2 in district, second round)
2. Reedy (first round)
3. Independence (first round)
4. Heritage (first round)

District Co-MVPs: Kendall Fritz, Wakeland; Alli Harris, Heritage

2018 Baseball

-- District 13-5A--

1. Wakeland (second round)
2. Lone Star (first round)
3. Reedy (second round)
4. Centennial (first round)

District MVP: JD Gregson, Wakeland

2018 Track and Field

-- District 13-5A Meet --

Boys team

1. Heritage 172
2. Wakeland 166
3. Independence 107

Girls team

1. Heritage 186
2. Wakeland 98
3. Liberty 94

-- Region II Meet --

Boys team

7. Heritage

10. Independence
 17. Wakeland
- Girls team**
4. Heritage
 5. Liberty
 6. Frisco
 14. (tie) Reedy
 14. (tie) Wakeland
 17. Independence

-- State Meet --

Girls team

3. Heritage
5. Frisco

State champions*:**

Simone Watkins, Frisco, girls 100 hurdles***

Simone Watkins, Frisco, girls 300 hurdles***

Bailey Lear, Heritage, girls 400 meters***

Terry Smith, Independence, boys 300 hurdles***

Heritage girls 4x400 relay team (Jaidyn McCallon, Peyton Jones, Jaidah McCallon, Bailey Lear)***

State medalists:

- Colleen Stegmann, Reedy, 3,200 meters (silver)
- Colleen Stegmann, Reedy, 1,600 meters (bronze)
- Carrie Fish, Liberty, 3,200 meters (bronze)
- Whitney Williams, Frisco, 400 meters (silver)
- Brooke Shepherd, Heritage, 300 hurdles (silver)
- Bailey Lear, Heritage, 200 meters (silver)
- Carrie Fish, Liberty, 1,600 meters (silver)

2018 Golf

-- District 13-5A Tournament --

Boys team

1. Centennial
2. Wakeland
3. Independence
4. Reedy

District champion: Cole Enlow, Liberty

Girls team

1. Centennial
2. Liberty
3. Reedy
4. Independence

District champion: Gabbi Bentancourt, Centennial

-- District 9-4A Tournament --

Girls team

1. Lebanon Trail

District champion: Olivia Mitchell, Lebanon Trail

-- 5A Region II Tournament --

Boys team

3. Centennial

Girls team

2. Liberty

3. Centennial

-- 4A Region II Tournament --

Girls team

1. Lebanon Trail

-- 5A State Tournament --

Boys team

2. Centennial

Top individual: Henry Frizzell, Centennial, 5th

Girls team

7. Liberty

8. Centennial

Top individual: Gabbi Bentancourt, 14th

-- 4A State Tournament --

Girls team

2. Lebanon Trail

Top individual: Madison Phung, Lebanon Trail, 2nd

2018 Spring Tennis

State qualifiers:

Liam Selvido/Anish Madgula, Heritage (5A boys doubles, quarterfinals)

Samuel Straub/Ashleigh Allen, Centennial (5A mixed doubles, quarterfinals)

Navya Chundururu, Lebanon Trail (4A girls singles, runner-up)

Andrew Bovermann, Lebanon Trail (4A boys singles, quarterfinals)

2016-17

2016 Cross Country

-- District 13-5A Meet --

Boys team

1. Wakeland 33
2. Liberty 67
3. Reedy 87
4. Independence 91

Girls team

1. Liberty 32
2. Wakeland 50
3. Lone Star 111
4. Independence 113

District individual champions

Boys: Nick Hendrix, Wakeland

Girls: Carrie Fish, Liberty

-- Region 2 Meet --

Boys top teams

2. Wakeland
10. Liberty

Girls top teams

2. Liberty
 3. Wakeland
- Individual medalists
2. Carrie Fish, Liberty

-- State Meet --

Boys top teams

4. Wakeland

Girls top teams

3. Liberty
4. Wakeland

Top boys individuals

12. Cameron King, Wakeland

Top girls individuals

7. Carrie Fish, Liberty
8. Alyssa Duhart, Heritage
10. Grace Plain, Independence

2016 Volleyball

-- District 13-5A --

1. Wakeland (Regional finalist)
2. Reedy (Regional QF)
3. Frisco (second round)
4. Liberty (first round)

District MVPs: Sydney Kleinman, Wakeland; Payton Schwantz, Frisco

2016 Football

-- District 13-5A --

1. Lone Star (7-0, 10-2, second round, 5A-II)
2. Independence (5-2, 9-3, second round 5A-I)
3. Frisco (5-2, 8-3, first round, 5A-II)
4. Wakeland (4-3, 8-5, 5A-I Regional QF)

District MVP: Jason Shelley, Lone Star

2017 Swimming/Diving

-- District 10-5A --

Boys team

1. Frisco 126
2. Liberty 99
3. Wakeland 94
4. Heritage 67

Girls team

1. Frisco 138.5
2. Wakeland 125
3. Reedy 116.5
4. Heritage 62

-- Region 3-5A Meet --

Boys team

3. Frisco
4. Wakeland
5. Heritage
7. Liberty
9. Lone Star

Girls team

1. Wakeland
2. Frisco
4. Reedy
7. Heritage
10. Lone Star

-- State Meet --

Boys team

5. Frisco

Girls team

3. Frisco
5. Wakeland
10. Reedy

State champions*:**

Abby Koczo, Reedy (100 backstroke)

Frisco High girls 200 medley relay (Abby Lin, Jady Jannasch, Emily Lenihan, Courtney Nelson)

Frisco High boys 200 medley relay (Thomas Lauerman, Charles Smith, Joey Belair, Jack Jannasch)

State medalists:

Girls

Wakeland 400 freestyle relay (bronze) – team members Priscilla Jacobson, Lydia Medigovich, Ana Reyes, Alex Bumpas

Alex Bumpas, Wakeland, 50 freestyle (silver)

Alex Bumpas, Wakeland, 100 freestyle (bronze)

Emily Lenihan, Frisco, 100 backstroke (silver)

Emily Lenihan, Frisco, 100 butterfly (bronze)

Jadyn Jannasch, Frisco, 100 breaststroke (silver)

Boys

Jack Jannasch, Frisco, 50 freestyle (silver)

Jack Jannasch, Frisco, 100 freestyle (bronze)

2017 Wrestling

-- District 8-5A Meet –

Boys team

1. Centennial 208.5

2. Liberty 177.5

3. Prosper 171

4. Lone Star 137

5. Wakeland 135

6. Heritage 124.5

Girls team

1. The Colony 128

2. Liberty 119

3. Prosper 99

4. Heritage 81

5. Wakeland 61

6. Centennial 59

-- 5A Region 2 Meet –

Boys team

2. Centennial

5. Liberty

8. Wakeland

Girls team

1. Liberty

8. Heritage

-- State Meet –

Boys team

3. Centennial

4. Liberty

Girls team

2. Liberty

12. Heritage

State champions*:**

Boys

Gregory Coapstick, Centennial (113 pounds)

Noah Sims, Centennial (220 pounds)

Girls

Martha Moore, Liberty (119 pounds)

Astrid Silva, Heritage (138 pounds)

State medalists:

Boys

106 pounds: Tyler Brennan, Frisco (silver)

106 pounds: Baylor Steward, Centennial (bronze)

132 pounds: Jonathan Green, Liberty (silver)

152 pounds: Jordan Robison, Liberty (silver)

220 pounds: Blaine Rowe, Liberty (silver)

Girls

128 pounds: Logan Mize, Liberty (silver)

138 pounds: Miranda Tyler, Liberty (bronze)

148 pounds: Kierra Williams, Frisco (bronze)

2017 Girls Basketball

-- District 13-5A --

1. (tie) Liberty (13-1, Regional finalist)

1. (tie) Lone Star (13-1, Regional QF)

3. Wakeland (9-5, first round)

4. Reedy (8-6, first round)

District MVP: Jordan Hamilton, Liberty

2017 Boys Basketball

-- District 13-5A --

1. Lone Star (13-1, first round)

2. Frisco (11-3, first round)

3. (tie) Liberty (9-5, second round)

4. Wakeland (9-5, first round)

District MVP: Cameron Gooden, Lone Star

2017 Girls Soccer

-- District 13-5A --

1. Centennial (11-1-2, Regional QF)

2. Wakeland (9-3-2, Regional QF)

3. Lone Star (8-6-0, first round)

4. Heritage (first round)

District MVP: Trinity King, Wakeland

2017 Boys Soccer

-- **District 13-5A** --

1. Wakeland (9-4-1, overall record 22-4-1, state champion***). State All-Tournament Team: Matt Thomas, Jacob Miller, Matt Ribble, Cody Sedatole (MVP)
2. Lone Star (first round)
3. Centennial (first round)
4. Heritage (Regional QF)

District MVP: Matt Ribble, Wakeland

2017 Softball

-- **District 13-5A** --

1. Wakeland (13-1, Regional QF)
2. Centennial (12-2, first round)
3. Frisco (11-3, first round)
4. Lone Star (7-7, first round)

District MVP: Maddie MacGrandle, Frisco

2017 Baseball

-- **District 13-5A** --

1. Wakeland (13-1, state semifinalist)
2. Centennial (11-3, Regional QF)
3. Lone Star (9-5, second round)
4. Reedy (6-8, first round)

District MVP: Garrett Crews, Liberty

2017 Track and Field

-- **District 13-5A Meet** --

Boys team

1. Heritage 186
2. Liberty 169
3. Wakeland 81
4. Independence 72

Girls Team

1. Wakeland 155
2. Heritage 134
3. Liberty 127
4. Centennial 58.5

-- **Region II Meet** --

Boys team

- 5. Liberty
- 7. Wakeland
- 9. Heritage

Girls team

- 4. Liberty
- 7. Heritage
- 9. Wakeland

-- State Meet --**Boys team**

- 10. Liberty

Girls team

- 8. Liberty

State medalists:

- James Manders, Heritage, pole vault (silver)
- Isaiah Palmer, Liberty, 400 meters (silver)
- Nissi Kabongo, Liberty, 800 meters (silver)
- Carrie Fish, Liberty, 3,200 meters (bronze)

2017 Golf

-- 5A Region II Tournament --**Boys team**

- 5. Liberty
- 8. Wakeland

Girls team

- 1. Liberty
- 2. Wakeland

Region champion: Darby Deans, Liberty

-- 5A State Meet --**Boys team**

No qualifiers

Top individual: Henry Frizzell, Centennial, 16th

Girls team

- 4. Liberty
- 9. Wakeland

Top individual: Darby Deans, Liberty, 21st

2017 Spring Tennis

State qualifiers:

Quinn Lapoint, Independence (5A boys singles, quarterfinals)

Katie Strand/Trinity Vivona, Independence (5A girls doubles, semifinals)
Navya Chundururu, Lebanon Trail (4A girls singles, semifinals)

2015-16

2015 Cross Country

-- District 9-5A Meet --

Boys team

1. Wakeland 29
2. Independence 69
3. The Colony 78
4. Liberty 126

Girls team

1. The Colony 51
2. Liberty 62
3. Independence 93
4. Lone Star 120

District individual champions

Boys: Carter Blunt, Independence

Girls: Carrie Fish, Liberty

-- 5A Region 2 Meet --

Boys team

1. Wakeland
8. Independence

Girls team

5. Independence
6. Liberty

Regional top finishers

Boys: Carter Blunt, Independence (champion)

Girls: Kendall Rose, Liberty (runner-up)

-- 5A State Meet --

Boys team

1. Wakeland (state champion***)

Girls team

No qualifiers

Top finishers

Carter Blunt, Independence (boys state champion***)

Yuliana Lorenzo, Liberty (girls, 10th)

Cameron King, Wakeland (boys, 12th)

2015 Volleyball

-- District 9-5A --

1. Frisco (16-0, Regional QF)
2. Wakeland (14-2, Regional finalist)
3. Liberty (11-5, first round)
4. The Colony (9-7)

District MVP: Lizzie Stephens, Frisco

2015 Team Tennis

Frisco, regional finalist

Liberty, regional semifinalist

2015 Football

-- District 9-5A --

1. Lone Star (7-1, 14-2, 5A Division II state runner-up)
2. Wakeland (7-1, 8-3, first round)
3. Frisco (6-2, 8-3, first round)
4. The Colony (5-3, 5-6)

District MVP: Jason Shelley, Lone Star

2016 Swimming/Diving

-- District 11-5A Meet --

Boys team

1. Frisco 139.5
2. Liberty 117
3. Wakeland 90.5
4. Heritage 70

Girls team

1. Frisco 135
2. Reedy 123
3. Wakeland 91
4. Heritage 78

-- Region 3-5A Meet --

Boys team

1. Frisco
2. Liberty
4. Wakeland
5. Heritage
8. Lone Star

Girls team

1. Frisco
2. Reedy
5. Wakeland
7. Heritage
9. Lone Star

-- State Meet --

Boys team

2. Frisco
6. Liberty
10. Wakeland

Girls team

1. Frisco (state champion***)
8. Reedy
11. Heritage

State champions*:**

Sam Kline, Wakeland (200 freestyle)

Sam Kline, Wakeland (500 freestyle)

Rachel Ramey, Heritage (100 breaststroke)

Abby Koczo, Reedy (100 backstroke)

Frisco High girls 400 freestyle relay (Lindsey Ryalls, Emily Sandwisch, Rylee Lin, Mallori Allen)

2016 Wrestling

-- 5A Region 2 Meet --

Boys team

1. Liberty
2. Centennial

Girls team

1. Liberty

-- 5A State Meet --

Boys team

2. Centennial
4. Liberty

Girls team

2. Liberty

State Champions:

Boys

138 pounds: Jacob Moore, Centennial

152 pounds: Jordan Robison, Liberty

195 pounds: Noah Sims, Centennial

Girls

119 pounds: Logan Mize, Liberty

State medalists:

Boys

113 pounds: Gregory Coapstick, Centennial (silver)

132 pounds: Virley Sessions, Liberty (silver)

220 pounds: Alex Hernandez (silver)

126 pounds: Jake Simmermen, Heritage (bronze)

Girls

165 pounds: Marisa DeMattia, Wakeland (silver)

110 pounds: Martha Moore, Liberty (bronze)

128 pounds: Miranda Tyler, Liberty (bronze)

2016 Girls Basketball

-- District 9-5A --

1. Liberty (Overall record 33-7, 5A state runner-up)

2. Little Elm

3. Wakeland (first round)

4. Centennial (first round)

District MVP: Mallory Adams, Centennial

2016 Boys Basketball

-- District 9-5A --

1. Liberty (15-1, Regional semifinal)

2. The Colony (12-4)

3. Little Elm (12-4)

4. Centennial (9-7, Regional QF)

District MVP: Carter Brown, Liberty

2016 Girls Soccer

-- District 9-5A --

1. Frisco (Regional finalist)

2. Centennial (Overall record 22-2-2, 5A state champion***). State All-Tournament Team: Payton Jamieson, Kylie Hampton, Jenna Wilt, Katelyn Termini (MVP).

3. Liberty (first round)

4. Wakeland (first round)

District MVP: Julia Lenhardt, Frisco

2016 Boys Soccer

-- District 9-5A --

1. Wakeland (Overall record 25-1-1, 5A state runner-up, lost in PKs in final)

2. Centennial (Regional finalist)

3. Liberty (first round)

4. Heritage (first round)

District MVP: Harris Partain, Wakeland

2016 Softball

-- District 9-5A --

1. Frisco (overall record 31-3, state semifinalist)
2. The Colony
3. Centennial (first round)
4. Wakeland (Regional QF)

District MVP: Maddie MacGrandle, Frisco

2016 Baseball

-- District 9-5A --

1. Wakeland (first round)
2. Liberty (first round)
3. Frisco (first round)
4. Little Elm

District MVP: Landon Staats, Wakeland

2016 Track and Field

-- 5A Region 2 Meet --

Boys team

6. Heritage
11. Independence

Girls team

5. (tie) Frisco
5. (tie) Heritage
9. Liberty

-- 5A State Meet --

Boys team

7. Independence
9. Heritage

Girls team

5. Frisco
8. Heritage

State champions:

Boys

Carter Blunt, Independence, 1,600 meters
Carter Blunt, Independence, 3,200 meters
Kene Nwangwu, Heritage, high jump

Girls

Whitney Williams, Frisco, 400 meters
Alyssa Duhart, Heritage, 800 meters
Alyssa Gridiron, Heritage

State medalists:

Boys

Kene Nwangwu, Heritage, long jump (bronze)

Girls

Whitney Williams, Frisco, long jump (silver)

Whitney Williams, Frisco, triple jump (bronze)

2016 Golf

-- 5A Region 2 Tournament --

Boys team

1. Frisco

2. Wakeland

Top individual: Crosby Guercio, Frisco (2nd)

Girls team

1. Liberty

5. Wakeland

Top individual: Darby Deans, Liberty (2nd)

-- 5A State Meet --

Boys team

5. Frisco

7. Wakeland

Top individual: Crosby Guercio, Frisco (8th)

Girls team

5. Liberty

Top individual: Makenna Davidson, Liberty (15th)

2016 Spring Tennis

-- State Qualifiers --

Lauren Miller/Trinity Vivona, Independence (5A girls doubles, quarterfinalists)