

**WEST SIDE MIDDLE SCHOOLS  
2019 STRENGTH AND CONDITIONING CAMPS**

CAMP	DATE	TIME	PLACE	COST	GRADES ATTENDING
Cobb Middle School	June 10th - Aug 1st Monday thru Thursday 7th Grade Session I (7-9 am) 8th Grade Session II (9-11am) See link for 24 days of camp <a href="https://docs.google.com/spreadsheets/d/1pt8s5HdaO6XVU5suaFDY0-oSIADZ5RTyvnB1DmdnnjE/edit?usp=sharing">https://docs.google.com/spreadsheets/d/1pt8s5HdaO6XVU5suaFDY0-oSIADZ5RTyvnB1DmdnnjE/edit?usp=sharing</a>	7:00-9:00 AM 7th Grade 9:00-11:00 AM 8th Grade	COBB MS	\$240.00	Incoming 7th and 8th Graders
Griffin Middle School	June 10th - Aug 1st Monday thru Thursday 7th Grade Session I (7-9 am) 8th Grade Session II (9-11am) See link for 24 days of camp <a href="https://docs.google.com/spreadsheets/d/1pt8s5HdaO6XVU5suaFDY0-oSIADZ5RTyvnB1DmdnnjE/edit?usp=sharing">https://docs.google.com/spreadsheets/d/1pt8s5HdaO6XVU5suaFDY0-oSIADZ5RTyvnB1DmdnnjE/edit?usp=sharing</a>	7:00-9:00 AM 7th Grade 9:00-11:00 AM 8th Grade	COBB MS	\$240.00	Incoming 7th and 8th Graders
Hunt Middle School	June 3rd - July 18th Monday thru Thursday <b>NO CAMP:</b> July 1st-4th July 8th-11th	8:00 -9:30am 8th Grade 9:30 - 11:00pm 7th Grade	@Hunt Middle School	\$160.00	Incoming 7th and 8th Graders
Pearson Middle School	June 10th - July 25th Monday thru Thursday No Camp the Week of July 4th, July 9th, 10th, 22nd, 23rd	Girls 9:00-11:00 AM <u>7th Boys</u> 7am-8:30am <u>8th Boys</u> 9am-10:30am	Pearson Middle School	Girls: \$200 Boys: \$150	Incoming 7th and 8th Graders

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<b>Pioneer Heritage Middle School</b>	June 10th - July 18th Monday thru Thursday No Camp the Week of July 4th & July 9th & 10th	8th Boys & 7th Girls 8:00 - 9:30AM 7th Boys 10:00- 11:30 AM 8th Girls 9:30 - 11:00 AM	Pioneer Middle School	\$150.00	Incoming 7th and 8th Graders
<b>Stafford Middle School</b>	Lone Star PC June 10th - July 26th Monday thru Thursday No Camp the Week of July 4th, 7/9-10, 7/22-23 Go thru performance course	7th-8th Boys 11:00 - 1:00 PM 7th - 8th Girls 9:00 - 11:00 AM	Lone Star HS	\$230.00	Incoming 7th and 8th Graders
<b>Staley Middle School</b>	June 10th - July 25th Monday thru Thursday No Camp the Week of July 4th, 7/9-10, 7/22-23	8th Boys 8:30- 10:00 AM 7th Boys 10:00- 11:30 AM 7th - 8th Girls 8:30 - 10:00 AM	Staley Middle School	\$150.00	Incoming 7th and 8th Graders
<b>Trent Middle School</b>	Lone Star PC June 10th - July 26th Monday thru Thursday No Camp the Week of July 4th, 7/9-10, 7/22-23 Go thru performance course	7th-8th Boys 11:00 - 1:00 PM 7th - 8th Girls 9:00 - 11:00 AM	Lone Star HS	\$240.00	Incoming 7th and 8th Graders
<b>Trent Middle School</b>	June 10th - August 1st No Camp the Week of July 4th, 7/9-10, 7/22-23 FB camp June 3-5	Monday thru Thursday Both boys and girls 9:30 -11:30 AM	Memorial High School Indoor Facility	\$250.00	Incoming 7th and 8th graders