

**EAST SIDE MIDDLE SCHOOLS  
2019 STRENGTH AND CONDITIONING CAMPS**

<b>CAMP</b>	<b>DATE</b>	<b>TIME</b>	<b>PLACE</b>	<b>COST</b>	<b>GRADES ATTENDING</b>
<b>Clark Middle School</b>	<p>June 3 - July 31 No Camp July 1st-10th, and July 22 &amp; 23</p> <p>Go to: <a href="https://www.performancecourse.com/school-district/frisco-isd">https://www.performancecourse.com/school-district/frisco-isd</a></p>	<p>11:00 am-1 pm Mon - Thurs.</p>	<p>Lebanon Trail High School Indoor Practice Facility</p>	<p>\$280.00</p>	<p>Incoming 7th and 8th Graders</p>
<b>Fowler Middle School</b>	<p>June 3 - July 31 No Camp July 1st-10th, and July 22 &amp; 23</p> <p>Go to: <a href="https://www.performancecourse.com/school-district/frisco-isd">https://www.performancecourse.com/school-district/frisco-isd</a></p>	<p>11:00am - 1pm Mon - Thurs.</p>	<p>Lebanon Trail High School Indoor Practice Facility</p>	<p>\$280 before May 1; \$300 late registration</p>	<p>Incoming 7th and 8th Graders</p>
<b>Lawler Middle School</b>	<p>June 10-13, June 17-20 June 24-27 July 1-2 July 11-12, July 15-18 July 24-26, July 29-31</p> <p><a href="#">Register Here</a></p>	<p>Girls 7th-12th 9am-10:30am</p> <p>Boys 7th &amp; 8th 10:30am-12pm</p>	<p>Centennial High School Indoor Facility</p>	<p>\$195.00</p>	<p>Incoming 7th and 8th Graders</p>
<b>Maus Middle School</b>	<p>June 10th - August 1st No Camp Week of July 4th Also no camp on July 8th &amp; 9th and July 22nd &amp; 23rd</p>	<p>Monday thru Thursday Both boys and girls 9:30 -11:30 AM</p>	<p>Memorial High School Indoor Facility</p>	<p>\$250.00</p>	<p>Incoming 7th and 8th graders</p>
<b>Maus Middle School</b>	<p>June 10th - July 26th Monday thru Thursday</p> <p>No Camp Week of July 4th, 9, 10, 22, 23 Sign up thru performancecourse.com</p>	<p>Boys 7th - 8th 11:00-1:00</p> <p>Girls 7th - 8th 9:00-11:00</p>	<p>Heritage High School Indoor Facility</p>	<p>\$240.00</p>	<p>Incoming 7th and 8th graders</p>
<b>Nelson Middle School</b>	<p>Monday thru Thursday No Camp week of July 4th, July 9, 10, 22, 23</p> <p>Go to <a href="http://www.performancecourse.com/school-district/frisco-isd">http://www.performancecourse.com/school-district/frisco-isd</a></p>	<p>Girls 7:30 - 9:30 AM</p> <p>Boys 11:00 AM -1:00 PM</p>	<p>Independence High School Field House</p>	<p>\$240.00</p>	<p>Incoming 7th and 8th Graders</p>

Roach Middle School	<p>June 10th - July 26th  Monday - Thursday  No Camp July 1 thru July 10 nor July 22-23  <a href="https://www.performancecourse.com/school-district/frisco-isd">https://www.performancecourse.com/school-district/frisco-isd</a></p>	<p>Boys  11:00 - 1:00  Girls  9:00 - 11:00</p>	Heritage High School	\$230.00	Incoming 6th, 7th, 8th Graders
Scoggins Middle School	<p>June 10th - August 1st  Monday thru Thursday  No Camp the Week of July 4th  No camp 7/9-10, 7/22-23</p>	<p>8th Grade Boys and Girls  8:00 - 10:00 AM  7th Grade Boys and Girls  10:00 AM - 12:00 PM</p>	Scoggins Middle School	\$260.00	Incoming 7th and 8th Graders
Vandeventer Middle School Boys Sessions	<p>June 10th - June 27th (M-Th)  No Camp the Week of July 4th  July 8, 11-12  July 15-18  July 24-26  July 30-31 Aug 1-2</p>	<p>7th &amp; 8th  <i>Strength/Speed/Agility</i>  7:30 - 9:30 AM</p>	Liberty High School	\$260.00	Incoming 7th and 8th Graders
Vandeventer Middle School Girls Sessions	<p>June 10- 13, 17-20, 24-27  July 8, 11-12  July 15-18  July 24-26  July 29- Aug 1</p>	10:30-12:30	Liberty High School Turf Room	\$260.00	Incoming 7th and 8th Graders
Wester Middle School	<p>June 10-13, June 17-20  June 24-27  July 1-2  July 11-12, July 15-18  July 24-26, July 29-31  <a href="#">Register Here</a></p>	<p>MS Girls  9:00-10:30  MS Boys  10:30-12:00</p>	Centennial High School Indoor Facility	\$195.00	Incoming 7th and 8th Graders