

**FRISCO INDEPENDENT SCHOOL DISTRICT
SUBSTANCE ABUSE PREVENTION AND TESTING POLICY
FOR RANDOM TESTING OF STUDENT ATHLETES
GRADES 9-12**

Purpose

The Frisco I.S.D. Board of Trustees is strongly committed to drug prevention education, to the creation of a safe environment, and to providing a climate where all students can reach their potential.

The use of alcohol and illegal drugs present a threat to the safety, health, and welfare of both our employees and our students. Because of the risks associated with such abuse, the board is implementing a student testing program for drugs and alcohol. It is the District's hope and intent that this program will encourage students to choose not to use drugs or alcohol and to provide those who use, a reason to stop. The support of parents and community is vital to the success of this program and helping those students in need is the District's primary concern.

Alcohol/Drug Testing for Athletes

Athletics are school-sponsored activities that are not directly related to instruction of essential knowledge and skills, but may have an indirect relation to some areas of the curriculum. Participation in athletics is a privilege, not a right. Students shall meet specific requirements in order to participate in these activities. The District shall require all participants in athletics for grades 9-12 to undergo random drug and alcohol testing.

Required Permission

In order for a student to participate in athletics, the parent or guardian must sign a permission form that allows for the student to be tested for drugs and alcohol. If the student is of legal age, then he or she must sign the permission form. A student who volunteers to be tested must also have a permission form signed by a parent or guardian. A student of legal age who volunteers to be tested may sign his or her own permission form.

Testing Procedures

Testing shall be done in accordance with accepted practices and procedures established by the testing laboratory contracted by the District. The testing parameters shall be set at industry standards as defined by the National Institute for Drug Abuse. A copy of the specimen collection and chain-of-custody procedures used by the District and the testing laboratory

shall be made available to any parent or student upon request. The District reserves the right to test for alcohol, amphetamines, barbiturates, benzodiazepines, cocaine metabolite, marijuana, methadone, opiates, phencyclidine, propoxyphene, hallucinogens, steroids, and all other illegal or addictive drugs.

Athletes in grades 9-12 shall be tested on a random basis throughout the school year. At their own expense, parents may have the collection process performed by their personal physician. Random testing must be performed within four hours of the student's notification. All safeguards required by the testing company shall also be used by the physician collecting the sample. Samples collected by a personal physician shall be tested by the same company as all other samples collected by the District. Failure to collect a sample under the above conditions shall constitute a positive test result.

Privacy

Student shall be protected to the maximum extent possible. Testing results shall be sent directly to the District. The contracted laboratory shall notify the Athletic Director of the results. The Athletic Director shall notify the Head Coach charged with administering the consequences described below. Records of test results shall be kept confidential and provided only to administrators, Athletic Director, the Head Coach responsible for administering the program, and the student's parents or guardians. Upon written request of parents/guardians or a student of legal age, records may be released to treatment facilities.

Prescription Medications

Information about a student's current prescriptions and use of over the counter drugs is necessary in order to ensure the accuracy of testing results. Therefore, parents or students shall submit, in a sealed envelope, a list of the current prescriptions and over the counter drugs taken by the student. Failure to submit such information may result in a false positive. When a student is selected for random testing, his or her sealed envelope shall be sent directly to the testing facility, and shall not be opened by any District employee.

Consequences of Positive Testing

Consequences of an initial confirmed positive test result shall be as follows:

1. Required conference with parent or guardian;
2. Referral for substance abuse counseling;
3. A minimum 14 calendar day suspension from athletic practice or performance, and completion of appropriate cardiovascular training;
4. Retesting at the end of the suspension. Prior to rejoining any athletic activity, a negative test result must be obtained;
5. Continued positive test results, will mandate weekly testing until a negative test result has been obtained; and
6. Retesting with each random testing group for one calendar year.

Consequences of a second confirmed positive test result shall be as follows:

1. Required conference with parent or guardian;
2. Referral for substance abuse counseling; and
3. Suspension from athletics for one calendar year.

A positive test during the last six weeks of a school year shall result in a continuation of the suspension into the following school year. Refusal to participate in a drug test after signing the consent form shall count as a positive test.

Appeals Process for Positive Results

A student who receives a positive result will be permitted to retain an appropriately licensed laboratory to conduct an independent chemical analysis on the sample. This must be requested by the parent and will be at the parent's expense. In addition, a parent or student may appeal a positive result in accordance with District Policy FNG (Local) governing student and parent complaints.