

Frisco Independent School District

Scoggins Middle School Boys' Athletic Policies

Athlete's Promise Included

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SCOGGINS MIDDLE SCHOOL

BOYS' ATHLETICS

GENERAL POLICIES AND PROCEDURES

Our goal as an athletic program is to contribute to the overall educational development of the participants through the following:

- Developing physical fitness and proper health habits.
- Encouraging the spirit of good sportsmanship
- Developing pride in performance, and a willingness to work and sacrifice for the good of a team.
- Developing an appreciation for athletics and other related activities through participation.
- Developing self-reliance and a capacity to work hard.
- Emphasizing and encouraging self-discipline, as well as team discipline.
- Encouraging good conduct, on and off the campus.
- Encouraging youth to respect rules, respect others, and appreciate our country and its ideals.
- Learning the importance of scholastic achievement as a prerequisite to athletic competition

Also, as a general rule, the middle school Athletics program is used to prepare athletes for their high school careers. This is true not only for the particular sports offered, but also in learning to follow policies and procedures. It is our goal to have athletes complying with high school policies and procedures during their middle school careers, so that they can focus solely on the sports offered in high school, rather than spend time learning policies and procedures.

A student is not required to take part in athletics; therefore, **athletics is a privilege.** Consequently, when high ideals and standards are violated, the privilege can be revoked. All athletes will be expected to conduct themselves with pride and dignity. All policies and procedures are to be maintained while on campus and at all athletic events.

The general philosophy of the Scoggins Middle School Athletic Department is that we will attempt to help an individual who has made a poor decision; however, if those poor decisions are continually repeated, the welfare of the team must take priority.

Coaches have the right to discipline athletes on their individual teams, but will exercise sound judgment in evaluating specific penalties. Keeping in mind the welfare of the team as well as the welfare of the individual, coaches will discipline in a consistent manner.

SPORTS

Football, Basketball, Track, Cross Country, Tennis and Soccer are sports that will be offered at Scoggins Middle School. Team selections will be based on the coaches' assessments. Fundamentals, effort, and attitude will all be taken into consideration for making a team at Scoggins. These qualities will also be taken in consideration should the need to move a player up or down a level present itself.

PARTICIPATION

We encourage all of our student athletes to participate in all the sports offered at Scoggins. With this being said, every athlete must try out for at least two sports. Unfortunately, the coaching staff will have to make roster cuts in Basketball and Soccer. Athletes that do not participate in the required two sports in 7th grade will need a recommendation from the athletic coordinator to participate in athletics in 8th grade.

ATHLETIC PERIODS

1st Period – 8th Grade Boys Athletics
2nd Period – 7th Grade Boys Athletics

PHYSICALS

All students participating in athletics **must** have a Medical History form, UIL forms, and a physical signed by a doctor before they begin any try-outs or practices. All incoming 7th graders must have a new physical. Incoming 8th graders who were in the Athletic program the previous year **do not** need a new physical unless they had a serious injury or were placed under a doctor's care, but they do need to update their medical history information.

24 HOUR RULE

If an athlete quits Athletics, he will be given an initial 24-hour grace period to return. If he quits again, he will not be allowed to participate until the following season.

ATTENDANCE AND TARDIES

All sports practices will take place before school. Attendance at practice and contests is mandatory. We ask that the athlete or parent inform the appropriate coach when an absence is inevitable. A phone call, message, or email will suffice. **Skipping athletics or practice will not be tolerated.** Serious consequences will result for any athlete who is caught skipping. If any player has an unexcused absence from a scheduled practice, he must make up the work missed, plus any added sanctions deemed appropriate by that sport's coach. For an excused absence, the conditioning portion of the workout missed is all that will be made up. If an athlete is unable to work out for more than 2 days in a row, a doctor's note will be required for continued missed workouts.

GAME DAY ATTENDANCE

Athletes must be in attendance for at least half of the day's classes in order to participate in practice or a game. Extenuating circumstances may be an exception to this policy if

students are in attendance for a minimum of a half day, and the absence is documented by a doctor's note, or approved by the Athletic Coordinator prior to the absence.

GAME DAY DRESS

Athletes will wear dress pants (khakis are fine; no jeans), shirt with a tie, and dress shoes on game days. Failure to not dress accordingly on game days could result in consequences ranging from extra conditioning to loss of playing time. Special circumstances should be brought to the athletic coordinator's attention.

OTHER SPORTS AND ACTIVITIES

We want to always encourage our student athletes to participate in as many sports and activities as they would like. All in-season sports should be a top priority for students. We will do our best to accommodate conflicts with other scheduled extra-curricular activities by working with the sponsors of other programs at Scoggins. **Scoggins athletics should have top priority over all other sports leagues not affiliated with FISD.**

TRANSPORTATION

We will provide transportation to and from the games for all athletes. Each student athlete must ride the bus to the game. We want to always encourage team unity, which includes riding home on the bus with teammates. Parents can pick up their students at school after the game. The coaching staff asks that parents pick up all athletes within a reasonable amount of time (usually no later than 15 minutes) after practices and games.

ATHLETIC CONDUCT

Athletes should show respect for all coaches, teachers, officials, teammates, opponents, fans, visitors, and school officials. Scoggins athletes should strive for and exhibit acceptable and proper conduct at all school functions, and in the community, as they are representatives of their school and athletic program. As each incidence of misconduct is different, the coaching staff will analyze the misconduct and assign punishment in a fair and consistent manner while exercising sound judgment. Any unsportsmanlike penalties such as fighting, mouthing, taunting, etc. will be dealt with by the coach of that sport. Punishments may range from extra conditioning to suspension from the program. Consistent behavior issues are unacceptable within our athletic program.

ACADEMICS, TUTORIALS, AND GRADE CHECKS

We understand that academics do come first, and any athlete that needs to attend tutorials will be encouraged to attend. Tutorials have been set up school-wide to accommodate the students in extracurricular activities. Teachers will make every attempt to set up tutorials that do not conflict with athletic practices. If an athlete has been assigned two or more Mandatory Tutorials for failing grades, then the Mandatory Tutorial will take precedence over an athletic practice.

LOCKER ROOM, EQUIPMENT, AND THEFT

Equipment, which is school property, will be issued to each player and a record will be kept. Students are issued a locker with their own combination. It is the athlete's responsibility to take care of his equipment. The athlete will pay for any lost or stolen equipment. All equipment will remain at school unless instructed by a coach to take home. Athletes may not wear equipment home, wear another athlete's equipment, leave equipment out, or leave a messy locker room. Any violation will result in disciplinary action. **Stealing will not be tolerated.** Any athlete caught stealing may be removed from the program for the remainder of the school year, and additional discipline will be administered through the district's Code of Conduct. Cell phones, music devices, etc. are brought to school at the students' own risk and should be locked up at all times.

SUBSTANCE ABUSE/PROFANITY

Alcohol, tobacco, and drugs will not be tolerated at any time in our program. Punishment will be administered through the district's Code of Conduct policies and athletic consequences could range from extra conditioning to suspension from the program. Profanity will also not be tolerated in the athletic program.

GROOMING

Students participating in athletics reflect the school's image through their appearance. Hairstyles and clothing should not be disruptive. Male athletes are not allowed to have facial hair such as mustaches, goatees, or extremely long side burns. Athletes may not also have hair in their eyes, below their collar, or over their ears. No bleaching or dying of hair is allowed. No mohawks are allowed. No jewelry will be worn during practices or games. No body art should be visible or piercings worn when representing Fisd and Scoggins Middle School as an athlete. This is in accordance with current district athletic policy.

Our facility is equipped with several showers; therefore, we expect that each athlete shower after each workout. Deodorant is a must, but the coaching staff asks that athletes refrain from using aerosol deodorants/colognes as they can irritate allergies in others, especially in close quarters such as a locker room.

ELIGIBILITY

Athletes are expected to achieve the highest standards in the classroom. To be eligible to participate in athletic contests, a student must pass all classes with a minimum of 70 % each six week grading period. If a student has yet to pass a six week period at the end of the first semester, then that student may be removed from the athletic program.

GRADING

Athletes must be on time and suited out for workout. Attendance at practices and games is mandatory, even if injured. Injured athletes are still expected to dress out in the full workout clothes. Student athletes must participate to the fullest of their abilities in all practices and games. Athletes must follow all athletic policies as agreed to in our Athlete's Promise. Participation, attitude, work ethic, and compliance with athletics policies will constitute 100 % of the six weeks grade.

ATHLETE/PARENT CONCERNS

Any concern should be brought to the attention of the correct coach in the following order:

Athlete/ Parent ➡ Head Coach ➡ Campus Athletic Coordinator ➡ Asst Principal in Charge of Athletics ➡ District Athletic Office

These policies and regulations are important to a successful athletic program; however, the key to a successful program comes from communication between the coaches and parents, the coaches and athletes, and the athletes and parents. We encourage the parents to share in their son's athletic experience and help make it a positive and rewarding one. If there are any questions or concerns, please do not hesitate to contact us. We look forward to working with your child.

Scoggins Middle School Coaching Staff

FISD Middle School
Athletic Policies
Scoggins Middle School
Addendum

Goal: to have consistency throughout the Middle School Athletic Programs and prepare our young athletes to have a successful high school career.

Addendum to Athletic Policies

- No physical after first week of Athletics – student will be placed into another elective.
- Students new to the school who wish to try out for a sport will be placed in PE; they may attend before-school practices and get the same amount of days to try out as the other students.
- All 7th graders who did not participate in Athletics or who were in Athletics, but did not participate in 2 sports will need the athletic coordinator's recommendation to register for 8th grade Athletics.
- Students who are not meeting Athletics requirements will have opportunities for improvement (could be before or after school).
- Persistent misconduct (deemed by the coaches) will result in serious consequences, up to and/or removal from the athletic program.
- Parents or athletes are asked to contact the appropriate coach if an athlete must miss any portion of Athletics.

The above policies should only affect a very small portion of our athletic population.

Scoggins Middle School

Guidelines for the Parent of an Athlete

1. **Be positive with your child.** Let him know he is accomplishing something simply by being part of the team - don't put him down.
2. **Encourage him to work hard and do his best.** Don't offer excuses if he is not playing. There is usually a reason for it, and he should discuss it with his coach.
3. **Insist that your son follow team rules.** No matter which team your son is on, players must follow the rules. Athletics is very demanding, and coaches are concerned with the player's off-the-field activities. In order to get the maximum physical and mental performance, he needs to follow team rules.
4. **Insist on good grades.** Monitor your son's homework. If he does not have passing grades, he does not play.
5. **Be positive toward all involved (players & coaches) in the program.** Young athletes are very impressionable, and, as such, parents should be careful of the behaviors they model. Remember that every player has an important role on the team. Please avoid voicing dissatisfaction with coaches, as this could influence your athlete's respect for and willingness to play for that coach. Teach your athlete to be a problem-solver, not a complainer.
6. **Be a good fan in the stands.** As a fan, you are entitled to support your team. Please remain positive toward the opponent, all coaches, and all players. The coaches work with the players and know the talent and the abilities of each player well. Please trust their judgment, and respect their coaching knowledge and experience.
7. **Insist on your son's respect for team rules, school rules, game officials and sportsmanship.** Not only do athletes represent themselves and their families, but they also represent Scoggins Athletics, Scoggins Middle School, FISSD Athletics, and FISSD. We expect each athlete to conduct himself in an appropriate manner at all times.
8. **Encourage your son to improve his self-image by believing in himself.** Every person has worth and value. Tell your son he is only limited to the degree that he limits himself. Refrain from comparing your son with family members who played previously, or with other players on his team.
9. **Encourage your son to play for the love of the game.** Insist on unselfishness. Usually, good things happen to unselfish and hard-working people.

Enjoy your son and his play!

Time flies quickly as your son goes through middle school and high school. Make the most of each game... if he has a good game – GREAT; if he has a poor game – the sun will still rise the next day!

ATHLETE'S PROMISE TO SCOGGINS ATHLETICS

As an athlete participating in the Athletics program at Scoggins Middle School, I do hereby promise to read, understand, support, and abide by the SCOGGINS MIDDLE SCHOOL ATHLETE'S CODE OF CONDUCT. It is my desire to be a contributing part of the Scoggins Athletics Program and to help make it the very best possible.

Print Athlete's Full Name

Athlete's Signature

Date

PARENT'S PROMISE TO SCOGGINS ATHLETICS

As a parent/guardian of a Scoggins Athlete, I have read, understood, and agreed to the SCOGGINS MIDDLE SCHOOL'S ATHLETE'S CODE OF CONDUCT.

Print Parent's Full Name

Parent's Signature

Date