

2009 Centennial Pole Vault Camp

DATE: Thurs. June 25- Sat. June 27

TIME: 9am – 12pm

LOCATION: Centennial High School

COST: \$63 *Make checks payable to FISD Athletics

EQUIPMENT NEEDED: None

CLOTHING: Workout clothes (shorts and T-shirt) with athletic shoes (track spikes if you have them)

DAILY ROUTINE:

Session 1 (9am – 10am):
7th and 8th Grade drills and fundamentals
High School vault

Break / Film Study (10am – 10:45am)

Session 2 (11am – 12pm):
7th and 8th Grade vault
High School drills and fundamentals

***All registration forms should be mailed to:

Coach Chris Pawlak
Centennial High School
6901 Coit Road
Frisco, TX 75035

Questions please call Camp Coordinator **Chris Pawlak (972.3472.6726 cell)**

(Please detach and return this section to Coach Pawlak)

REGISTRATION FORM

Name _____ Grade in Fall of '09 _____

Street/PO Box _____ City _____ Zip _____

School you presently attend _____

Parent's Name _____ Work# _____ Cell# _____

T-shirt size (please circle)

ADULT S M L XL

PARENTAL CONSENT: The signature below gives my consent for the mentioned athlete to participate in the Liberty High School Pole Vault Camp. It is understood that even though preventive measures are taken, the possibility of an accident still remains. The Frisco Independent School District and the Centennial High School coaching staff, or any member of FISD Middle School coaching Staff assumes no responsibility should an accident occur.

PARENT SIGNATURE: _____