

North Texas 4-A & Under TISCA Invitational  
Frisco Independent School District  
Frisco ISD Natatorium  
Frisco, Texas  
December 9-11, 2010

Location: Frisco ISD Natatorium  
7411 North First Street (North First Street & North County Road)  
Frisco, Texas 75034  
469-633-6160

Facilities: One 25-yard Competition Course  
Separate 25-yard Warm-up/Cool-down Pool  
Two One-Meter Dura-Flex Diving Boards  
Fully automated Colorado System 6 Timing System  
Full matrix full color LED scoreboard  
Spectator seating for 800+  
Ample deck seating for swimmers

Schedule: **Diving – December 9, 2010**

Warm-up	3:30*
Diving	5:00*

\*Time may be adjusted depending on number of divers entered.

Each diver will perform eleven (11) dives, five (5) voluntary and six (6) optional. Please consult the National Federation Swimming & Diving Rule Book for choice and order of dives. **Diving sheets must be verified and signed by 4:15.**

**Swimming Preliminaries – December 10, 2010**

Warm-up	10:00 – 11:45
Preliminaries	12:00

The eight (8) fastest swimmers/relays in each event will qualify for the Championship Finals. The next eight (8) fastest swimmers/relays in each event will qualify for the Consolation Finals.

**Swimming Finals – December 11, 2010**

Doors Open	8:30
Warm-up	9:00 – 10:45
Finals	11:00

Rules: U.I.L. and National Federation Rules will govern the meet.

Team Eligibility: Each school entered must have a coach/sponsor who is a current TISCA member. Membership applications may be found at <http://www.tisca.org>.

Scoring: Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards: Team awards will be given to the top three (3) girl's teams and the top three (3) boy's teams.

Medals will be awarded to first, second, and third place in individual and relay events. Ribbons will be awarded to fourth through eighth place in individual and relay events.

Entries: Each contestant may enter a maximum of four (4) events.  
No more than two (2) may be individual events (diving counts as an individual event).  
**Each team may enter four (4) individuals and two (2) relays in each event.**

**EXCEPTION: Each team may enter six (6) individuals in the 50 Free and 100 Free.**

☆ **COACHES: PLEASE ADHERE TO TIME & DD STANDARDS.**

Entry Procedure: **Swimming/Diving:** Enter your team with Team Manager . Event file is posted on the Frisco ISD Swimming Web Site. **<http://www.friscoisd.org/swimming>**  
**Do not send the Zip File.** Open the Zip File and send the file that ends with HY3 to:  
**rogersr@friscoisd.org**

**Diving Entries: go to: <http://www.edive.info/delimentries.aspx> to enter divers.**  
**Fill out the form and submit to:**

**Ronnie Rogers**  
**rogersr@friscoisd.org**

#### **TISCA Hy-Tek directives**

- Use version 4.0 or higher of Team Manager.
- Up-date your software often to insure compatibility.
- Use the official UIL Team Code (see UIL or TISCA website).
- Use the numeric grade level (09, 10, 11, 12) for each swimmer/diver.
- Use the team name as the "short name".
- Do not use a mascot name or shortened name.

Entry Fees: **Team Manager File: \$10.00** per individual, regardless of the number of individual events entered. **\$10.00** per relay entered. (Maximum entry fee per team \$400.00)

**Non-Team Manager File: \$12.00** per individual, regardless of the number of individual events entered. **\$12.00** per relay entered. (Maximum entry fee per team \$450.00)

Individual Entry Fees are not required for **Relay Only Swimmers**, they are only charged if they are entered in an individual event. Entry Fees are calculated on total number of Swimmers/Divers on your original entries. **There is no re-calculation of entry fees for scratches.**

Make checks payable to: **Frisco ISD Natatorium**

Mail to: **Frisco ISD Natatorium**  
**7411 North First Street**  
**Frisco, Texas 75034**

Entry Deadline: Entries must be received by midnight **Thursday, December 2, 2010.**

**A psych sheet should be posted on the Frisco ISD Swimming Web site on Monday, December 6, 2010. Please check your entries for errors. E-mail any corrections and scratches by noon on Thursday, December 9, 2010. A warm-up schedule will also be posted with the psych sheet.**

**<http://www.friscoisd.org/swimming>**

E-mail corrections and scratches to: Ronnie Rogers  
rogersr@friscoisd.org

## Schedule of Events/Time Standards

Girls	Time	Event	Time	Boys
		<b>Thursday, December 9, 2010</b>		
9	11.50	Diving	11.70	10
		<b>Prelims - Friday, December 10, 2010</b>		
		<b>Finals - Saturday, December 11, 2010</b>		
1	2:15.99	200 Medley Relay	1:59.99	2
3	2:19.99	200 Free	2:05.99	4
5	2:38.99	200 I.M.	2:24.99	6
7	27.99	50 Free	24.39	8
11	1:14.99	100 Fly	1:04.99	12
13	1:02.49	100 Free	54.99	14
15	6:25.59	500 Free	5:44.99	16
17	2:00.99	200 Free Relay	1:44.99	18
19	1:13.99	100 Back	1:06.99	20
21	1:21.99	100 Breast	1:12.59	22
23	4:29.99	400 Free Relay	4:09.99	24

Admission: Adults - \$4.00      Students - \$3.00  
 Heat Sheets - \$2.00

**Please call or e-mail if you have any questions:**

Bruce Eubanks  
 Frisco HS  
 469-633-6161  
 eubanksb@friscoisd.org

Ronnie Rogers  
 Centennial HS  
 469-633-6162  
 rogersr@friscoisd.org

John Janak  
 FISD Natatorium  
 469-633-6160  
 janakj@friscoisd.org