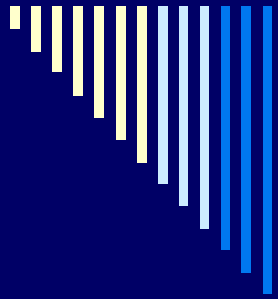


Lady Seahawks

Basketball Parent
Meeting

Welcome!!!!



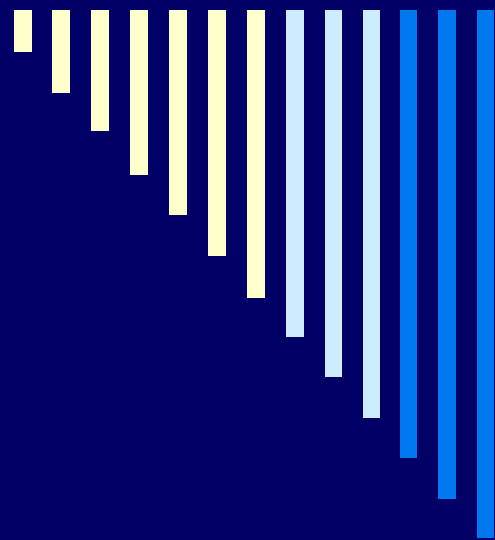
Introduction of Coaches

7th Grade

Coach Rangel (A Team),
Coach Briggs (B,C Team)

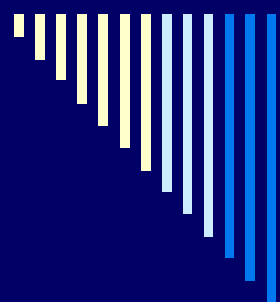
8th Grade

Coach Washington (A Team)
Coach Castillo (B,C Team)



Try Outs

- Tryouts will begin Monday November 9 and end on Friday November 13, 2009 from 4:00-5:30p.m.
 - Any one can try out.
 - If someone who is not already in athletics tries out and makes the team, they will need to have their schedule changed to athletics.
 - Will keep 36 players (12, 12, 12 for A,B, and C) for each grade.
-



Try Outs Continued

- ❑ Everyone needs to have a physical in order to try out if they do not already have one on file.
- ❑ Players will be evaluated based on their skills, attitude, and knowledge level of the game of basketball.
- ❑ Any athlete who does not make the team is encouraged to seek out the Coaches to find out why.



Team Policies

Practices will begin promptly at 4:00p.m. and end at 5:30p.m. during the season.

Players need to be dressed and in the gym by 4:00p.m.

- ❑ Every player needs to have the proper equipment and clothes for practice. (basketball shoes, practice gear provided by the school)
- ❑ There will be consequences based on the coaches discretion for not following team rules and policies. (see athletic policies)
- ❑ Tutorials:
 - best if done before school, afternoon's are alright if necessary.
 - Athletes need a note from their teachers or parents in order to go to tutorials in the afternoon.
 - Athletes must notify the coach prior practice.



Athletic Injury Treatment Procedure for Scoggins Middle School

- ❑ Injury Occurs at a school sanctioned athletic event.
 - ❑ Coaches evaluate and administer first aid.
 - ❑ Minor injuries are evaluated and treated by coaches/school nurse.
 - ❑ Major injuries are sent to be evaluated and treated by the athletic trainers at Liberty High School.
 - ❑ Major injuries requiring further expertise to evaluate and treat are referred to our Team Doctor by the attending athletic trainer.
 - ❑ *NOTE: Any injury that occurs outside of a school sanctioned athletic event is not eligible for participation in this procedure.*
-



Attendance per Athletic Policy

- ❑ Attendance is mandatory; skipping is not allowed
 - ❑ Practice will take place after school
 - ❑ Notify coaches if absence is inevitable by phone or email
 - ❑ Phone: 469-633-5150 ext. 75195
 - ❑ Email- washings@friscoisd.org-8th;
rangelr@friscoisd.org-7th
-



Attendance Continued

- Injuries-
 - Parent note stating reason needed to be excused from workout
 - If an athlete is unable to work out for more than 2 days in a row, a doctor's note will be required.
 - Trainer- Joseph White, Liberty HS
 - If Coaches deem injury serious we will send athlete to be seen by the trainer
 - He is trained to treat athletic injuries
-



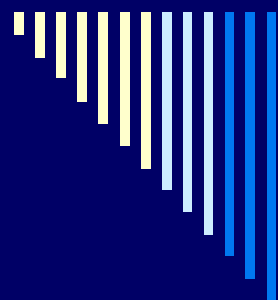
Game Day Policies and Procedures

- ❑ Athletes will not be allowed to participate in game activities if they have failed a class for the previous six weeks and are not passing every class by the time progress reports comes around.
 - ❑ First game starts at 5:45 and the next game will start 10 minutes after previous game.
 - ❑ 7th & 8th Grade Girls play at the same location except for the Frisco Tournament.
-



Game Day Policies Continued

- ❑ Athletes will be allowed to work on homework before and after the games.
 - ❑ Athletes must ride bus to games and ride home on the bus, unless **signed** out by parents. Special (i.e. emergency) circumstances need Athletic Coordinator approval).
 - ❑ Attendance- be at school on game day
Special circumstances (i.e. funeral, religious ceremony, etc.) need to be brought to the attention of the Athletic Coordinator before the absence occurs.
 - ❑ Dress- Dress for Success: dresses, dress pants/shirt, comfortable shoes!!!
 - ❑ *Look, Act, Play* Professionally
 - ❑ Trouble acquiring items- see Athletic Coordinator privately
-



Schedule

❑ GIRLS BASKETBALL SCHEDULE

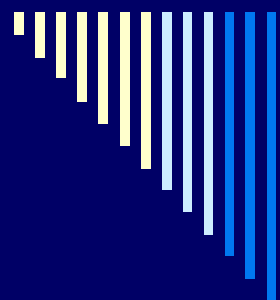
- ❑ 11/19/09 Scrimmage Staley/Wester @ Wakeland H.S.
- ❑ 12/3/09 Griffin at Griffin
- ❑ 12/10/09 Stafford at Scoggins
- ❑ 12/11 & 12 FISD Tournament 7th-Wester 8th-Clark
- ❑ 12/17/09 OPEN
- ❑ 1/7/10 Pioneer at Pioneer
- ❑ 1/14/10 Fowler at Scoggins
- ❑ 1/21/10 Staley at Staley
- ❑ 1/28/10 Clark at Scoggins
- ❑ 2/4/10 Roach at Roach
- ❑ 2/8/10 Wester at Scoggins
- ❑ District Tournament February 11th, 12th & 13th 7th @ Scoggins 8th @ Pioneer
- ❑ First game starts at 5:45 and the next game will start 10 minutes after previous game.
- ❑ 7th & 8th graders play at the same location



Meals/Shoes/Shirt Information

- Meals: FISD Catering
- Sample Dinner \$7.00 per player:
- Bagged Lunch \$5.00 per player:
 - Shoes
- Flyer will be distributed to the players who make the team with 2 shoe choices. It is not mandatory to purchase.
 - Shirts
- T-shirts have been designed and a flyer will be handed out to the players who make the team for purchase.





Questions and Comments

Any questions ????????

