

PHMS GIRLS VOLLEYBALL WEEKLY MEALS FROM SUBWAY

Grade: _____

Girls' Name _____

Parents' e-mail address: _____

SANDWICH:

Choose your Bread: _____ white _____ wheat
Meat: _____ turkey _____ ham _____ chicken
Cheese: _____ American _____ cheddar
Lettuce: _____ yes _____ no
Tomato: _____ yes _____ no

Chips: _____ Cheetos _____ Baked Lays
 _____ Nacho Cheese Doritos

Cookie: _____ Peanut Butter _____ Macadamia
 _____ Oatmeal Raisin _____ Sugar
 _____ Chocolate Chip

Packets of mustard and mayonnaise will be included with each meal.

"New" this season: *WATER*

We will regularly purchase cases of water and ensure that there is enough on hand for each person who has purchased a meal.

Total: \$52 _____ Cash _____ Check

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Note: This effort is being made with the knowledge and consent of Coach Siess.

Due by: Friday Sept. 4th