

Rachel's Challenge

Focus: *Kindness* and *compassion* will become a way of life.

“ I have this theory that if one person can go out of their way to show compassion, then it will start a chain reaction of the same.

People will never know how far a little kindness can go.”

By Rachel Scott

Borchardt along with FISD will be implementing Rachel's Challenge district wide this year. Rachel Scott was the first student shot in Columbine. Her father Darrell Scott continues her legacy and goal to touch people's lives. Rachel lived on the values of Kindness & Compassion and that is what this program teaches. There are 5 challenges in this program for students. They are: *Influence, Goal Setting, Journaling, Acceptance, and Kindness.*

To begin Rachel's Challenge we will mirror our bucket program by beginning chain links in EVERY classroom here at Borchardt, even art, music, PE, and computers. Links will be given for demonstrating Kindness & Compassion. At the end of every 9 weeks we will all put our chains together at the Rodeo of Learning and make a school wide chain!

Students are pledging to accept Rachel's Challenge in Art class by signing a banner and fingerprinting a large hand. In music all students are listening closely to words of the song "Send It On" and making connections between the words and Rachel's Challenge.

Borchardt's Chain Reaction Starts TODAY!!!!

<http://www.rachelschallenge.com/>