

REGISTRATIONS

ONLINE REGISTRATIONS NOW AVAILABLE!

*Phone, fax, and mail-in registrations
are not accepted.*

All new participants must first complete a free swim skill evaluation before registering in a class. Refer inside this brochure for the swim skill evaluation schedule. Please bring your child ready to swim!

Mark your calendars...registration for the Fall sessions will begin on Monday, July 20th @ 10am. All program participants are strongly encouraged to register for classes on-line.

PARTICIPANTS MUST REGISTER FOR THEIR APPROVED LEVEL OR RISK BEING REMOVED FROM THE CLASS!

Registrations for the session in progress will not be accepted after the start of the first class. Please refer inside this brochure for more information.



Depending on class availability, registrations will continue throughout the Fall. Register on-line early as classes will fill quickly!

Once a class has reached its maximum enrollment, wait lists will be available for registering online. For more information regarding wait lists, please refer to the wait list policy under the section labeled, "Policies" ▶.

POLICIES

PHOTO POLICY

Classes and events are occasionally photographed for promotional purposes. By registering for the program, you have granted us permission to use your photograph for promotional purposes. Names will not be posted.

PAYMENTS

The Frisco ISD Natatorium accepts payments with the following options listed below:

1. **On-line registrations** paid by credit card (MasterCard, Visa, or Discover).
2. **Walk-in registrations** paid by credit card, check, or cash.

Make checks payable to FISD Natatorium (include a driver's license# and enter LTS Program on the memo line).

Concurrent enrollment is not insured without full payment and registration is based on space availability.

WAIT LISTS

Participants may be placed on a wait list when a course has reached its maximum enrollment. There is no charge to be placed on the wait list. When a cancellation occurs, our staff will contact, in the wait list order, the participants on the list and offer them the opportunity to register. Payment must be made within 24 hours to secure the registration.

Wait listing for one class does not automatically wait list a participant for all sessions of the Fall schedule or the next season.

PARENTS & SPECTATORS

Parents and spectators are not allowed on the pool deck area during swim class. We find that children are far more attentive and successful in learning new skills if parents are "out of sight, out of mind." There is ample spectator seating located upstairs if you wish to observe the classes.

REFUNDS

Refer to the website for our refund policy and form.

SEPT. - NOV.



**FRISCO I.S.D.
NATATORIUM**

**LEARN-TO-SWIM
PROGRAM**

FALL 2009 SCHEDULE

Frisco ISD Natatorium
7411 First St.
Frisco, TX. 75034

*Located North of
Staley Middle School
on the corner of North
First St. and North
County Rd.*

Tel: 469-633-6160
[www.friscoisd.org/
natatorium](http://www.friscoisd.org/natatorium)



**Frisco
Independent
School District**



SWIM SKILL EVALUATION SCHEDULE

Swim skill evaluations must be completed for all new participants before registering for the Fall program. Please refer to the dates listed below for the swim skill evaluations:

Dates: Tuesday's only beginning July 14th thru August 25th.

Evaluation Times: (3:30pm—4:15pm)

CLASS FEES

FISD Employees:

- \$85/participant/session (ONLINE ONLY)
- \$95/participant/session (WALK-IN)

Verification of employment is required prior to the start of class. FISD employee discount is limited to immediate family members only.

Public:

- \$95/participant/session (ONLINE ONLY)
- \$105/participant/session (WALK-IN)

Refer to the middle of the page under "Class Dates" for the complete schedule▶.

Guide for reading Class Schedule Chart

Codes: (in order of skill progression)

Pre-B = Pre-Beginner

BI = Beginner I

BII = Beginner II

AB = Advanced Beginner

PC = Pre-Competitive

CLASS SCHEDULE

CLASS	DAYS	TIMES OFFERED
PRE-B.	M & W	5 – 5:45pm
BI	M & W	5 – 5:45pm
	M & W	(2 classes) 6 - 6:45pm
BII	M & W	5 – 5:45pm
	M & W	6 - 6:45pm
AB	M & W	5 – 5:45pm
	M & W	6 – 6:45pm
PC	M & W	5 – 5:45pm
	M & W	6 – 6:45pm

(Each Session = 4 weeks)

SESSION I

Monday and Wednesday Classes

Dates: (Starts Aug. 31st)

8/31, 9/2, 9/8(Tues.), 9/9, 9/14, 9/16, 9/21, 9/23.

SESSION II

Monday and Wednesday Classes

Dates: (Starts Sept. 28th)

9/28, 9/30, 10/5, 10/7, 10/12, 10/14, 10/19, 10/21.

SESSION III

Monday and Wednesday Classes

Dates: (Starts Oct. 26th)

10/26, 10/28, 11/2, 11/4, 11/9, 11/11, 11/16, 11/18.



SKILL LEVELS

The following is a summary of skills taught in each level: (listed in order of skill progression)

(AGE 4)

Pre-Beginner: This is a class designed for water exploration. Each child will learn proper entry/exits from the water, bob in water slightly over their head, blow bubbles, fully submerge face and hold breath for 3 seconds, kicking on the front and back, and floating on the front & back position supported & non-supported, and learn basic water safety rules.

(Maximum # of 4 students in each class)

(AGES 5 - 17)

Children age 4 may enroll in a Beginner I class but must first complete a swim skill evaluation!

This is a learn-to-swim program that will focus on the fundamental skills for competitive swimming.

Beginner I: Kicking on the front and back, gliding off the walls supported & non-supported, free-style arm stroke, breathing to the front, jumping from the side into 4– 5 feet of water, and turning over in the water.

(Maximum # of 5 students in each class)

Beginner II: Freestyle, introduction to rotary breathing, backstroke, elementary backstroke kick, and introduction to deep water.

(Maximum # of 6 students in each class)

Advanced Beginner: Freestyle w/rotary breathing, backstroke, elementary backstroke, diving, and treading water.

(Maximum # of 7 students in each class)

Pre-Competitive: Freestyle with an introduction to bi-lateral breathing, backstroke, breast-stroke, streamlining, diving, and introduction to butterfly.

(Maximum # of 8 students in each class)