

## The Frisco ISD Natatorium

The Frisco High School Swimming Team began training in the new Frisco ISD Natatorium just before the winter holiday break of 2003, but it wasn't until April of 2004 that it opened its doors to the public for various programs. Since then, the facility has experienced a tremendous growth in the number of programs and patrons who use it and has become recognized as one of the premier aquatic facilities in Texas.

The Natatorium features a 25 yard or 50 meter competition course, two one-meter and one 3-meter Dura-Flex diving boards, a fully automated electronic timing system for swimming and diving, full matrix color LED scoreboard, seating for 800 plus spectators, ample deck seating for swimmers, a large weight room and a classroom for meetings. An enclosed high-tech meet management room houses the technology capable of providing immediate feedback to competitors via touch pads and electronic timing and scoring.

The FISSD Natatorium is now the training facility for all 5 high school swimming and diving programs, soon to be 6. Both early mornings and afternoons are used for high school practices. Likewise, the facility hosts several high school competitions each year, from dual meets to invitationals. It has also been the sight of the District Meet every year since 2005, of which Frisco ISD teams have claimed both the girl's and boy's team titles every year. Last December, the Natatorium hosted the North Texas TISCA (Texas Interscholastic Swim Coaches Association) Invitational with over 600 athletes. Since opening its doors, it has been the home for several championship FISSD high school teams on the District, Regional, and State levels, including 8, Frisco HS State Meet top 3 team finishes, 3 of those being State Championships. Numerous All-State and All-American high school swimmers and divers have also benefited from the training capabilities afforded by the facility.

The Natatorium's use is not limited to just its high school aquatic programs. It serves as the home of various other FISSD and non-FISSD programs, all of which have experienced tremendous growth and success. A number of other high school sports programs use the facility for training purposes and rehabilitation of injured athletes, along with special needs students and Special Olympics participants. In recent years, it has hosted the Greater Dallas Area 10 Special Olympics Meet, the State YMCA Championships, and the TAAF Winter Games. The FISSD Learn-to-Swim, Learn-to-Dive, and Masters programs have experienced much growth and success. City of Frisco water aerobics participants enjoy the fitness classes available in the mornings. Adult lap swim hours are available during the noon hours 5 days a week, along with family swim time on Saturdays when the facility is not hosting a swim meet. The Natatorium is the home of Frisco Aquatics, a USA affiliated year-round competitive program and the Frisco Amateur Summer Swim Team (FASST), the largest TAAF affiliated program in the State. Both the FA and FASST youth programs have doubled or tripled in the number of participants and continue to produce outstanding swimmers.

Patrons entering the facility will be greeted by a friendly staff member knowledgeable about aquatics and the programs the Natatorium has to offer. A Natatorium Calendar of Events along with links to information and brochures for the various programs can be found on its website, [www.friscoisd.org/natatorium](http://www.friscoisd.org/natatorium) in addition to on-line registration procedures. High school records, meet results, and various other high school swimming information and archives can be found at [www.friscoisd.org/swimming](http://www.friscoisd.org/swimming). The Frisco ISD is proud of the Natatorium and the outstanding programs it has to offer.