

FISD DRUG TESTING POLICY

Drug Testing Information:

1. FISD began drug testing high school athletes in the start of the school year of 2000-2001.
2. FISD began testing high school athletes for steroids at the start of the school year of 2005-2006.
3. FISD has a two strike policy: After an athlete tests positive for drugs or alcohol twice during their high school career, he/she will be removed from athletics for one calendar year.
4. A letter from FISD Athletic Director David Kuykendall and information regarding the districts drug testing policy can be found on the Coaches Athletic Website at <http://www.friscoisd.org/ad/>. Drug testing policy can be found on the next seven pages.
5. If you have any questions regarding the FISD drug policy contact the High Schools Campus Coordinator for more information.

FRISCO INDEPENDENT SCHOOL DISTRICT SUBSTANCE ABUSE PREVENTION AND TESTING POLICY FOR RANDOM TESTING OF STUDENT ATHLETES GRADES 9-12

Purpose

The Frisco I.S.D. Board of Trustees is strongly committed to drug prevention education, to the creation of a safe environment, and to providing a climate where all students can reach their potential.

The use of alcohol and illegal drugs present a threat to the safety, health, and welfare of both our employees and our students. Because of the risks associated with such abuse, the board is implementing a student testing program for drugs and alcohol.

It is the District's hope and intent that this program will encourage students to choose not to use drugs or alcohol and to provide those who use drugs and alcohol a reason to stop. The support of parents and community is vital to the success of this program and helping those students in need is the District's primary concern.

Alcohol/Drug Testing for Athletes

Athletics are school sponsored activities that are not directly related to instruction of essential knowledge and skills, but may have an indirect relation to some areas of the curriculum. Participation in athletics is a privilege, not a right. Students shall meet specific requirements in order to participate in these activities. The District shall require all participants in athletics grades 9-12 to undergo random drug and alcohol testing.

Required Permission

In order for a student to participate in athletics, the parent or guardian must sign a permission form that allows for the student to be tested for drugs and alcohol. If the student is of legal age, then he or she must sign the permission form. A student who volunteers to be tested must also have a permission form signed by a parent or guardian. At student of legal age who volunteers to be tested may sign his or her own permission form.

Testing Procedures

Testing shall be done in accordance with accepted practices and procedures established by the testing laboratory contracted by the District. The testing parameters shall be set at industry standards as defined by the National Institute for Drug Abuse. A copy of the specimen collection and chain-of-custody procedures used by the District and the testing laboratory shall be made available to any parent or student upon request. The District reserves the right to test for, but not limited to, cannabinoids, cocaine, opiates, benzodiazepines, phencyclidine, amphetamines, ecstasy, all 4 types, methadone, creatinine, BUN, pH, performance enhancing drugs, inhalants and/or psilocybin, esoteric drugs (designer drugs e.g. K2 and salvia) and all other illegal or addictive drugs.

Athletes in grades 9-12 shall be tested on a random basis throughout the school year. Student athletes are given a maximum of 3 hours to provide a sample as per Federal Guidelines. If a sample is not provided within 3 hours it will be considered a positive refusal.

Privacy

Students shall be protected to the maximum extent possible. Testing results shall be sent directly to the District. The contracted laboratory shall notify the Athletic Director of the results. The Athletic Director shall notify the Head Coach charged with administering the consequences described below. Records of test results shall be kept confidential and provided only to administrators, Athletic Director, the Head Coach responsible for administering the program, and the student's parents or guardians. Upon written request of parents/guardians or a student of legal age, records may be released to treatment facilities.

Prescription Medications

Information about a student's current prescriptions and use of over the counter drugs is necessary in order to ensure the accuracy of testing results. Parents and athlete should submit the FISD Drug Testing Acknowledgement form with all medications (prescribed and/or over-the-counter) taken by the athlete listed on the back of the form. If selected for screening, the athlete is responsible for notifying the drug testing representative at the time the Chain of Custody form is being filled out of any and all medications currently be taken (prescribed and/or over-the-counter). Failure to submit such information may result in a false positive test. When an athlete tests positive for a prescription medication, a note from the prescribing physician will suffice as evidence to counteract a Positive test as long as said medication was listed on the Chain of Custody form at the time of testing.

Consequences of Positive Testing

Consequences of an initial confirmed positive test result shall be as follows:

1. The coach will be required to conference with the athlete's parent or guardian.
2. The athlete will be required to seek substance abuse counseling.
3. The athlete will receive a minimum 14 calendar day suspension from athletic practice and competition. If the positive result occurs during the offseason, the minimum 14 days of suspension from competition will carry over to the next competitive season.
4. Prior to rejoining any athletic activity including practice, a negative test result must be obtained.
5. Continued positive test results, will mandate weekly testing until a negative test result has been obtained.
6. The student/athlete must also participate in retesting with each random testing group for one calendar year from date of suspension.

Consequences of a second confirmed positive test result shall be as follows:

1. Required conference with parent or guardian;
2. Referral for substance abuse counseling; and
3. Suspension from athletics for one calendar year from date of suspension.

A positive test during the last six weeks of a school year shall result in a continuation of the suspension into the following school year. Refusal to participate in a drug test after signing the consent form shall count as a positive test.

When steroid testing is conducted by the University Interscholastic League, all consequences suffered will be followed according to UIL policy.

Appeals Process for Positive Results

A student who receives a positive result will be permitted to retain an appropriately licensed laboratory to conduct an independent chemical analysis on the sample. This must be requested by the parent and will be at the parent's expense. In addition, a parent or student may appeal a positive result in accordance with District Policy FNG (Local) governing student and parent complaints.