



All employees are permitted by the Workers' Compensation Act to choose any doctor that accepts workers' compensation insurance. **Optimum Care** physicians and facilities are pre-screened based on several quality indicators and are experienced in treating work-related injuries. These providers have agreed to treat your compensable work-related injury in the timeliest manner.

If you are injured at work...

- ✦ **In emergencies, call 911 and seek immediate treatment from the nearest qualified facility or provider.**
- ✦ Notify your immediate supervisor that an injury has occurred.
- ✦ If you require non-emergency-related medical attention, we have made arrangements with the pre-approved providers listed below.
- ✦ For urgent care needs after clinic hours, you may proceed directly to the nearest hospital emergency room.

Ⓢ Approved Physicians:

Concentra

8756 Teel Parkway, Ste. 350
Frisco, TX 75034
972.712.5454

Legacy ER

9205 Legacy Drive
Frisco, TX 75034
972-688-6020

Care Now

301 West Main Street
Frisco, TX 75034
972-335-0030

Legacy ER

16151 Eldorado Pkwy
Frisco, TX 75035
972.731.5151

Care Now

5644 Preston Road
Frisco, TX 75035
972.529.4545

Optimum Care is NOT a Certified Network

For questions regarding your claim or if you need an alternative to the providers listed here, please contact:

📞 **800.765.2412**