

WHAT GOES IN YOUR MOUTH?

I like to put things in my mouth.



There are lots of things that are SAFE to put in my mouth.

I can chew on and eat food



Candy



Gum



There are other things too that my Mommy can tell me about.



There are some things that I should **NOT** put in my mouth.

I think I should not put

_____ in my mouth.

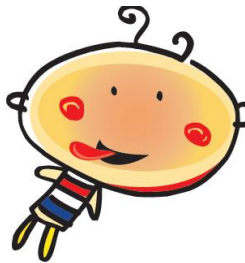
I think I should not put _____ in my mouth.

I think I should not put _____ in my mouth.

These are things that could make me sick or give me a tummy ache if I put them in my mouth.



When I feel like I need to have something in my mouth, I can try to find something **SAFE**. I should ask for something to eat if I am hungry.



Mom give me something safe to eat. I'm hungry!!

If I feel like I just need to chew on something I could try to chew on gum.



Mommy and I can make a list of what is safe to eat. I can add anytime to the list! That will be fun!



If I can do these things, I will be safe and healthy.



You can put safe things in your mouth _____ – you can do it!!!!