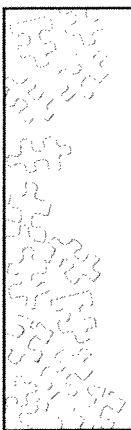


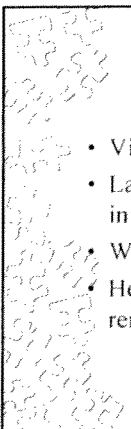
Parent Make and Take

In Home/Parent Trainers
Behavior Support Specialists
2010



Welcome

- Introductions
- Agenda
- Bye Bye!



Why visual supports?

- Visual Learners
- Lack of understanding of just verbal information
- Words leave, visuals stay
- Helps process language, organize thinking, remember information

Types of visual supports

- Body movement
- Environmental Cues
- Pictures
- Objects
- Written Language

Make and Take Centers

- Visual Supports
- Visual Stories
- Schedules and Routines

Visual Stories

- Social Stories™ by Carol Grey
- Prepare children for upcoming events
- Describes a social situation
- Problem solve through behavior difficulties
- Gives steps and cues to aid in navigating through behavioral choices


Schedules and Routines

- Answers the question “When?”
- Prepares for transitions
- Schedules times for special interests
- Teaches sequence of events
- Provides predictability and structure
- Teaches flexibility

Visual Behavior Supports

- Help following oral directions
- Gives information on rules and procedures
- Provides behavior cues
- Helps teach not just tell
- Supports using strength during difficult times

Don't forget to think
“tree”!





Elmo is so excited because you are going to sleep in a big boy bed too!

Elmo has to follow the big boy bed rules each night.

Rule #1: Kiss everyone goodnight

Rule #2: Get into bed and close your eyes

Rule #3: Stay in bed until Daddy comes to get you in the morning

Body Space



Sometimes I stand too close to people.



I am

almost

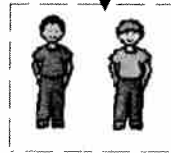
touching them.



This bothers people.

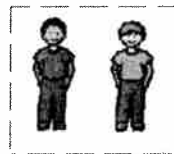


I can stand near people.



I leave a little space

between us.



I will try not to stand too close to

people.

Shaving



Some people need to shave.

Men shave.

I am a man and now I need to shave.

I only need to shave around my mouth, above my lip, and my chin.

I must not shave anywhere else or anything else.

It is important to be very careful when I'm shaving.

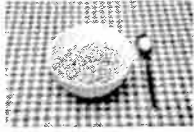





Razors should not be used for anything except my face.

I am proud to be a man.

I am proud of using a razor the right way.

My Mom and Dad are proud of me, too.

Morning Schedule

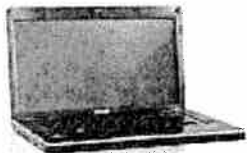
Afternoon Schedule



Home from School



Snack












Computer



Ride Bike

Afternoon Schedule

	Rest and Snack	3:15-4:00
	Fine Motor Activity	4:00-4:30
	Play Activity	4:30-5:00
	Ready for Dinner (Set Table and Wash Hands)	5:00-5:30
	Dinner	5:30-6:15
	Clean Up	6:15-7:00
	Game	7:00-7:30
	Free Choice	7:30-8:00
	Bed	8:00-8:30

Really mad



- . Ask for permission to move to another area in the room.

Pretty mad



- . Take a 5 minute break.

A little upset



- . Breathe deeply.
- . Count to 10 several times.
- . Ask for a break.

Frustrated



- . Ask for help.
- . Ask for 1 minute.



Happy

Thermometer

Gotta Go
to the Garage



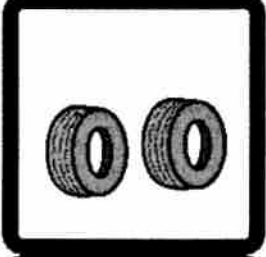
I will let my mom help me calm down.

4 Tire Pit Stop



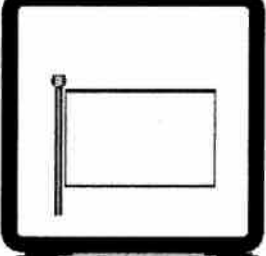
- . Feel like I want to kick a chair.
- . I start writing and scribbling hard.
- . Ask to leave the room and go to a safe place.

2 Tire Pit Stop



- . I clench my hands.
- . I don't want to do anything.
- . Ask for help
- . Ask for a 5 minute break.

Caution Flag
Racing


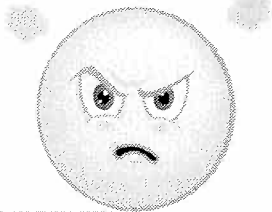

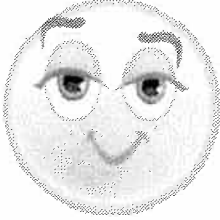



- . Stomach gets tight.
- . Ask for help.



Green Flag
Racing

My Frustration Scale

	Looks like	Feels Like	I can try to:
5		I'm out of control. I'm ANGRY!!! I want to throw things and break things.	ASK FOR HELP or GO TO COOL DOWN PLACE
4		I'm unhappy. I feel stressed. I can feel myself getting out of control.	I need support!! I need to take a break or talk to my parents about how I'm feeling. I need help to feel better.
3		I'm not happy or sad... I'm just okay. I can feel a little stress. I may need to take a break.	Recognize that if I don't take a break now, I might lose control. I should take a break or a walk.
2		Everything is good. I'm still pretty happy. I can handle myself without support.	Try not to let things aggravate me. Recognize that things may not always go my way and that's ok!
1		Everything is great! I am happy. I don't feel any stress. I can handle myself!!	Continue to be happy!!