

**FISD School Health Advisory Council (SHAC)
Meeting Agenda and Minutes**

Welcome

Attendees:

Amie Carlisle
Brandon Turner
Casey Perry
Christina "Baca" Pogue
Claudia A Briseno
Colette McCadden
Dawnita Grimes
Deepak Pahuja
Ginni Scott
Heather Canterbury
Heather Mayfield
James Ayres
James Caldwell
Jason Wooden
Jennifer Stringfellow
Kathy Tolbert
Kathy Woolston
Kialyn Thrower
Kimberly Mano
Kristi Foster
Letetia Smith
Lisa Jenkins
Mary Barisa
Mary Taxter
Melissa Ellis
Naomi Harper
Pam Orr
Sabrina Wilson
Sadaf Haq
Shawn OBrien/melsshawn@att.net
Simon Barnboym
Stephanie Campbell
Terry Pjatak

SHAC Whole Group Intro

Sub Committees & Chairs

- Counseling & Psychological Services/ Social & Emotional Climate
 - Chair: James Caldwell
- Family Engagement & Community Involvement
 - Chairs: Jason Wooden, Heather Mayfield
- Health Education & Physical Education/Nutrition/Physical Environment
 - Chairs: Amie Carlisle, Jodie Lott
- Health Services & Employee Wellness
 - Chairs: Stephanie Campbell, Kathy Tolbert

Norms/Roles

-Each committee developed their norms and designated roles.

SHAC Sub Committee Work Time

SHAC Wrap-up Session

- Counseling & Psychological Services/ Social & Emotional Climate
 - Reviewed work on Vaping last year
 - Incorporating into substance abuse
 - Discussed building connections not only for students but for parents too...especially those new to the district. How do we help them feel connected and welcomed. How to get that info out for parents and students
 - Digital citizenship...to meet requirements of state law
- Family Engagement & Community Involvement
 - Getting mental health support/suicide awareness/etc. resources to parents
 - Where to house resources so parents can easily access
 - Will work on timeline to develop comprehensive resources and where to access for all
- Health Education & Physical Education
 - Looking at evaluating current abstinence program for current 6th graders
 - Will be reviewing available programs
 - Evaluating program options with rubric
 - Survey campus admin/teachers for feedback
- Nutrition/Physical Environment
 - Reviewing work from last year
 - Picking up where they left off
 - Why are people eating the way we are
 - Members will read over documents to catch up on background info

- Review policy to settle on final recommendations
- Health Services & Employee Wellness
 - What do we need to do to get past this Covid-19 stuff (short term goal to teach proper ways to teach how to wear a mask, wash hands, stay 6 ft apart)
 - Will work on a long-term goal next time

Thank You Drawing!

1. **James Ayres**
2. **Heather Canterbury**
3. **Shawn O'Brien**
4. **Lisa Jenkins**

Thank you and Adjourn

Future Meetings:

Thursday, November 17, 2020 (Zoom)

Thursday, February 18, 2021 at Admin Training Rooms (tentative)

Thursday, April 22, 2021 at Admin Training Rooms (tentative)