

## Pediculosis Guidelines

FISD nursing staff will follow the steps below in providing information about, and the prevention of, the spread of head lice.

- The school nurse instructs the students on how to prevent the spread of head lice throughout the school year.
- For all elementary schools, the school nurse will send a *Head Lice Information Sheet* to all students in September and January yearly. Information will also be on the FISD website.
- The nurse checks for head lice on a student who was referred by a teacher or the child's parent/guardian.
- If a student is found to have active lice, his/her siblings will be checked as well. FISD nurses will be contacted at other campuses where siblings attend.
- Parents/guardians will be called to pick up their child for treatment if the child is found to have active lice. A treatment plan and educational information will be given to the parent/guardian, including a re-admission criteria checklist.
- A student excluded from school with active head lice shall not be permitted to return to school until the student has received one treatment with medicated shampoo or lotion and no active lice are present. The nurse will re-check the student before re-admission to the classroom.
- Following three consecutive exclusions for active head lice, a *No-Nit Policy* will be enforced for the affected student. The student must be checked by the school nurse on his/her return to school and must be free of all lice and nits in order to be re-admitted to the classroom.
- A student sent home with active head lice will also be allowed to return to school if he/she brings a note from a physician stating the student is cleared to return to school.
- When the nurse is aware of three or more cases of active head lice in a classroom, the entire classroom will be checked. A pediculosis (head lice) letter will be sent home to the classroom parents/guardians if one case of active head lice is found in the affected elementary classroom or when the nurse otherwise becomes aware that a child enrolled has lice. (At the secondary level, we will not check classrooms because of practicality purposes.)
- Classroom or grade-level checks may be done any time at the discretion of the school nurse.
- The school nurse and teacher will work out a screening time that will be the least disruptive to the clinic and classroom activities.
- Resources/Links:
  - <https://www.cdc.gov/parasites/lice/head/>
  - <https://www.nasn.org/nasn-resources/practice-topics/head-lice>