

SHAC Minutes
November 11, 2021

Welcome - Dr. Jodi Davis

Review mission, vision, goals and norms

Introduce Taylor Kilpatrick, Miss Frisco

- Heart of Gold Project is her social impact goal. Based on the four pillars of the American Heart Association. She will be working with our Health Education, PE, nutrition, and physical environment sub-committee.

Wellness Plan/Guidelines Updates

- Revisions are almost complete and it will be presented for vote at the February meeting.

Committees share out their goal and plans

- **Counseling & Psychological Services/Social & Emotional Climate**
 - SHAC is required to research and recommend programs and materials to address child abuse, family violence and human trafficking as part of SB9 which passed in September 2021.
 - This committee is working on:
 - updating district website with information for parents
 - Provide hotlines
 - Provide posters for campuses
 - Researching educational videos and programs to address requirements
 - Researching anti victimization programs
 - Researching curriculum materials available for secondary schools
- **Health and Employee Wellness**
 - This groups is working to make sure staff, staff families, and students have access to immunizations
 - They promoted Breast Cancer Awareness in October
 - Movember is the November focus
 - Each month will have a theme and each will promote getting annual exams
- **Family Engagement and Community Involvement**
 - This committee is partnering with the District Advisory Council (DAC) to plan a health, wellness and resource fair for families. This is scheduled for April 15th at the Frisco ISD admin building. This fair will host resources for mental and physical health.

- Speakers will be scheduled and the event will have a conference like format with a variety of speakers that parents can choose from to attend.
- Carnival type setting in the parking lot to encourage family engagement.
- **Health and Physical Education, Nutrition, Physical Environment**
 - Continuing to review the Wellness Guidelines (plan)
 - Working on a tool to evaluate the plans effectiveness of the plan:
 - Measurable objectives
 - Collect data in a Google Form

Subcommittee work time and planing

Meeting Adjourned at 6:30 PM