

FISD School Health Advisory Council (SHAC)
Thursday, November 7, 2019

AGENDA

Welcome from FISD

Attendees: Angie Williams, Amie Carlisle, Angela Dunford, Bhavana Babber, Casey Perry, Erin Reynolds, Geoffrey Heinicke, Jennifer Stringfellow, Jordan Carlisle, Kathy Tolbert, Kendic Smith, Laura Lee McLeod, Lisa Jenkins, Lucy Driggers, Melanie Smith, Melissa Ellis, Meredith Honea, Shara Cooper, Stephanie Campbell, Stephanie Keeler, Suzanne Mann-Ashley

SHAC Information Overview

Introduction of Sub Committees

- Committee 1: Health & Physical Education/Nutrition/Physical Environment
Leaders: Lisa Jenkins and Laura Lee McLeod
- Committee 2: Family Engagement/Community Involvement
Leaders: Angie Williams and Ann Nickel
- Committee 3: Health Services/Employee Wellness
Leaders: Stephanie Campbell and Kathy Tolbert
- Committee 4: Counseling & Psychological Services/ Social & Emotional Climate
Leaders: James Caldwell and Melanie Smith

Hot Topics

FISD Wellness Festival

April 18th

10:00-1:00

Independent High School

Join subcommittees to work and designate responsibilities

Wellness Festival Committee:

*Amie Carisle- Chair

Kendric Smith

Meredith Honea

Geoffrey Heinicke

Angela Dunford

Erin Reynolds

Laura Lee McLeod

Lucy Driggers

Flyer: needs to be updated and printed- Laura Lee McLeod

How to pay for flyers?

Sponsors to donate \$ for event

Contact Businesses to have a vendor booth

Contact Cansler, McDowell, and Draper about scheduling student groups-Suzanne Mann

Family Laps- JT Mistr/Kendric Smith

Planning meetings:

Dec. 16th @ 5:00

Flyer

Contacts w/ S groups

Schedule rest of meetings: Jan, Feb, March

Review feedback from last year

Norms/Roles/Documentation

SHAC Sub Committee Work

SHAC Wrap-up Session

- Committee 1: Health & Physical Education/Nutrition/Physical Environment
 - Items found in policy/guidelines that need updating or changed
 - Editing issues in Student Handbook on the Wellness Guide.
 - Competitive food guidelines set by TEA need to addressed at HS level
- Committee 2: Family Engagement/Community Involvement
 - Counselors have a page that hits our goal on Mental Wellness. Discussed how to communicate it out
- Committee 3: Health Services/Employee Wellness
 - Promote immunizations- next year communicate better about using any campus, kids vacs free if qualify, cardboard signs, tweet it out, flyer in more languages other than English/Spanish
 - Jan. try out some ideas
 - Staff challenges- multi campus challenges- Principals go to competing campus to challenge
 - Bingo challenge within the campus
- Committee 4: Counseling & Psychological Services/ Social & Emotional Climate
 - Training Teachers on trauma to the brain and educating parents as well.
 - Elementary poster contest
 - Secondary video- service announcement

Spin the SHAC Wheel

Thank you and Adjourn

Future Meetings:

Thursday, February 20, 2020 at CTE Center

Thursday, April 23, 2020 at CTE Center