

Dear Parents and Guardians:

In response to Senate Bill 283, Frisco ISD is providing written notice of our intent to provide human sexuality instruction to students.

Frisco ISD wishes to inform you that your student will be exposed to an abstinence education program in 6<sup>th</sup> grade. The *Aim for Success*® program is geared to motivate students to choose sexual abstinence as the best lifestyle to help them reach their dreams and goals. *Aim for Success*® is an independent, nonprofit, educational organization that promotes a lifestyle of excellence by encouraging the development of self control, self respect, and self discipline. Through live presentations students are encouraged to develop strong, responsible character as they deal with sexual pressure. Through *Aim for Success*® presentations, students learn the wisdom of committing to be sexually abstinent until marriage. The *Aim for Success*® presentation is carefully scripted but does include some detailed vocabulary pertaining to sexually transmitted disease and their transmission. Due to the sensitive nature of this curriculum, parents have the opportunity to attend a parent preview of the presentation prior to the student presentation. Parents also have the right to opt out of having their student participate in the *Aim for Success*® presentation. More information about *Aim for Success*® is available at: <http://www.aimforsuccess.org/home.asp>.

The Frisco ISD board of trustees approved the *Worth the Wait*® program to be used in our high school health classes and in our high school health course offered as an 8<sup>th</sup> grade elective. The Scott & White *Worth the Wait*® curricula gives detailed information on STDs, teen pregnancy, and the laws concerning teens and sex. Role playing is used to help students learn about peer pressure, goal setting and setting limits. More information about *Worth the Wait*® is available at [www.worththewait.org](http://www.worththewait.org).

The *180 Degrees Program*® is also utilized in our high school health classes and in our high school health course offered as an 8<sup>th</sup> grade elective. The *180 Degrees Program*® is an abstinence until marriage program designed to help teenagers recognize the consequences of premarital sex, the beauty of a healthy marriage relationship, and turn their thinking about sex around a whole 180 degrees. The *180 Degrees Program*® includes presentations with topics such as: staggering STD and pregnancy statistics, setting physical boundaries, using refusal skills, recognizing unhealthy relationships, and secondary virginity. More information about *180 Degrees Program*® is available at <http://www.my180degrees.org/180.html>.

Title 2, Chapter 28, Section 28.004 of the Texas Education Code requires school districts to have a School Health Advisory Council (SHAC). SHAC is a school board appointed advisory group of individuals who represent different segments of the community. By law, a majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district. The Frisco ISD SHAC is made up of parents, community members and district staff working together to improve the health of all students and families through coordinated school health programs. Questions regarding SHAC should be addressed to Laura Lee McLeod or Artie McLaurin at 469-633-6000.

Should you have questions about the district's human sexuality instruction or would like to review the curriculum, please contact the principal of your student's school. Please be aware that you, as a parent, have the right to exempt your child from these lessons and an alternative assignment will be provided.